

20250921\_0921vs長崎東

| デバイスID | 選手名   | ポジション | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)   | %HIR   | ハイスピード   | スプリント回数 | スプリント回数 | スプリント回数 | スプリント  | スプリント  | スプリント                 | ZONE別走行距離 (m)         |           | 1分毎走行距離 (km/h) |          | 平均速度 (km/h) | 最高速度 (km/h) | 高強度<br>エフォート | 加速回数<br>(3.0m/s <sup>2</sup> ) | 加速回数<br>(2.5m/s <sup>2</sup> ) | 加速回数<br>(2.0m/s <sup>2</sup> ) | 加速度max<br>(m/s <sup>2</sup> ) | 減速回数<br>(3.0m/s <sup>2</sup> ) | 減速回数<br>(2.5m/s <sup>2</sup> ) | 減速回数<br>(2.0m/s <sup>2</sup> ) | 減速度max<br>(m/s <sup>2</sup> ) | インパクト回数 |     |       |       | HMLD(m) | HML/min | HMLC | 消費カロリー<br>(kcal) |     |          |       |     |       |
|--------|-------|-------|---------------------|---------------------|--------------------|-----------|--------|----------|---------|---------|---------|--------|--------|-----------------------|-----------------------|-----------|----------------|----------|-------------|-------------|--------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|---------|-----|-------|-------|---------|---------|------|------------------|-----|----------|-------|-----|-------|
|        |       |       |                     |                     |                    |           |        | 距離(m)    | 回数      | 回数      | 距離(m)   | 回数     | 回数     | 20.6km/h-<br>24.0km/h | 24.0km/h-<br>28.8km/h | 28.8km/h- | 20.6km/h       | 24.0km/h | 28.8km/h    | 20.6km/h    | 24.0km/h     | 28.8km/h                       | 20.6km/h                       | 24.0km/h                       | 28.8km/h                      | 36-4G                          | 4G-5G                          | 5G-6G                          | 6G-7G                         | 7G-8G   | 8G- |       |       |         |         |      |                  |     |          |       |     |       |
| 01     | 音辻 夏輝 | DF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 9,671.35  | 4.58%  | 442.64   | 0       | 10      | 30      | 0.00   | 161.44 | 442.64                | 1,592.10              | 5,586.57  | 2,005.04       | 465.01   | 22.64       | 0.00        | 101.13       | 6.07                           | 24.06                          | 419                            | 7                             | 51                             | 175                            | 3.63                           | 24                            | 80      | 190 | -4.58 | 1,228 | 589     | 225     | 93   | 46               | 24  | 586.77   | 6.14  | 174 | 796.3 |
| 02     | 平野 凱  | DF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 4,870.43  | 4.84%  | 235.50   | 1       | 7       | 14      | 22.37  | 118.33 | 235.50                | 810.95                | 2,860.13  | 939.26         | 228.29   | 31.80       | 0.00        | 102.61       | 6.16                           | 25.99                          | 159                            | 8                             | 23                             | 78                             | 3.57                           | 10                            | 41      | 105 | -4.00 | 496   | 179     | 77      | 36   | 15               | 12  | 310.40   | 6.54  | 86  | 371.7 |
| 03     | 西村 優斗 | DF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 10,182.14 | 8.05%  | 819.18   | 8       | 27      | 41      | 152.18 | 530.19 | 819.18                | 1,816.26              | 5,277.72  | 2,229.85       | 647.66   | 206.09      | 4.81        | 106.47       | 6.39                           | 28.84                          | 790                            | 11                            | 54                             | 146                            | 3.76                           | 28                            | 77      | 205 | -3.94 | 779   | 633     | 357     | 185  | 96               | 105 | 985.43   | 10.30 | 179 | 821.9 |
| 04     | 片山 諒也 | DF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 9,201.46  | 4.68%  | 430.25   | 1       | 15      | 30      | 8.06   | 210.84 | 430.25                | 2,026.46              | 5,265.82  | 1,455.58       | 415.17   | 38.65       | 0.00        | 96.22        | 5.77                           | 24.64                          | 194                            | 8                             | 30                             | 93                             | 3.49                           | 9                             | 40      | 115 | -4.99 | 691   | 256     | 95      | 44   | 25               | 12  | 520.58   | 5.44  | 106 | 706.4 |
| 05     | 山本 悠貴 | MF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 11,741.68 | 6.07%  | 713.07   | 5       | 19      | 40      | 70.29  | 399.74 | 713.07                | 1,557.43              | 6,610.91  | 2,804.40       | 642.13   | 126.82      | 0.00        | 122.78       | 7.37                           | 25.81                          | 469                            | 8                             | 42                             | 130                            | 3.40                           | 29                            | 72      | 186 | -4.26 | 1,125 | 569     | 238     | 108  | 48               | 33  | 879.06   | 9.19  | 168 | 805.1 |
| 06     | 平野 更桜 | FW    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 12,554.81 | 11.76% | 1,475.83 | 12      | 54      | 91      | 194.73 | 825.04 | 1,475.83              | 1,519.20              | 6,339.20  | 3,149.35       | 1,272.09 | 274.96      | 0.00        | 131.28       | 7.88                           | 27.54                          | 1,014                          | 12                            | 54                             | 165                            | 3.60                           | 35                            | 82      | 211 | -4.47 | 1,470 | 865     | 489     | 231  | 138              | 97  | 1,698.88 | 17.76 | 228 | 831.6 |
| 07     | 大津 寛太 | FW    | 2025/09/21 14:40:32 | 2025/09/21 16:10:17 | 01:29:45           | 9,032.74  | 11.38% | 1,027.94 | 12      | 35      | 58      | 180.52 | 677.89 | 1,027.94              | 1,490.92              | 4,744.83  | 1,759.75       | 780.52   | 256.72      | 0.00        | 100.44       | 7.23                           | 28.58                          | 306                            | 15                            | 41                             | 127                            | 3.41                           | 35                            | 84      | 180 | -5.04 | 598   | 282     | 129     | 60   | 25               | 30  | 1,172.04 | 13.03 | 162 | 645.8 |
| 08     | 大川 琉稀 | MF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 10,869.63 | 7.07%  | 768.81   | 8       | 31      | 50      | 83.86  | 412.67 | 768.81                | 1,921.08              | 5,867.38  | 2,277.75       | 681.11   | 122.44      | 0.00        | 113.66       | 6.82                           | 26.89                          | 1,136                          | 16                            | 60                             | 190                            | 3.86                           | 44                            | 108     | 240 | -4.73 | 1,178 | 939     | 540     | 286  | 146              | 96  | 962.95   | 10.07 | 216 | 805.1 |
| 09     | 江入 亮介 | FW    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 11,562.20 | 9.54%  | 1,103.18 | 8       | 43      | 72      | 142.56 | 653.81 | 1,103.18              | 1,929.09              | 5,944.73  | 2,549.60       | 910.49   | 228.30      | 0.00        | 120.90       | 7.25                           | 27.99                          | 555                            | 20                            | 74                             | 197                            | 3.77                           | 43                            | 103     | 262 | -4.93 | 1,145 | 704     | 297     | 106  | 42               | 39  | 1,310.91 | 13.71 | 231 | 872.8 |
| 10     | 中村 莉士 | MF    | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 11,593.03 | 9.19%  | 1,065.76 | 9       | 33      | 56      | 179.30 | 637.73 | 1,065.76              | 1,843.49              | 6,081.52  | 2,551.00       | 872.37   | 244.65      | 0.00        | 121.22       | 7.27                           | 27.07                          | 1,495                          | 23                            | 60                             | 183                            | 3.80                           | 42                            | 103     | 216 | -5.44 | 1,002 | 906     | 724     | 347  | 179              | 171 | 1,278.75 | 13.37 | 224 | 848.2 |
| 11     | 林田 一護 | DF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,660.81  | 8.66%  | 490.39   | 4       | 17      | 31      | 33.56  | 229.11 | 490.39                | 915.57                | 2,891.90  | 1,335.68       | 454.79   | 62.87       | 0.00        | 117.53       | 7.05                           | 26.07                          | 751                            | 16                            | 65                             | 184                            | 3.81                           | 41                            | 73      | 189 | -4.89 | 666   | 563     | 343     | 159  | 90               | 98  | 628.98   | 13.06 | 177 | 399.0 |
| 12     | 山口 颯愛 | MF    | 2025/09/21 16:10:17 | 2025/09/21 16:30:59 | 00:20:42           | 2,853.10  | 11.53% | 329.01   | 3       | 9       | 21      | 26.41  | 132.43 | 329.01                | 259.19                | 1,500.55  | 755.44         | 291.75   | 46.17       | 0.00        | 137.83       | 8.27                           | 25.45                          | 466                            | 5                             | 18                             | 55                             | 3.60                           | 10                            | 38      | 84  | -4.01 | 288   | 304     | 194     | 126  | 68               | 60  | 388.39   | 18.76 | 75  | 189.9 |

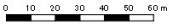
0921vs長崎東前半

| デバイスID | 選手名   | ポジション | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %HIR   | ハイスピード | スプリント回数 | スプリント回数 | スプリント回数 | スプリント距離(m) | スプリント距離(m) | スプリント距離(m) | ZONE別走行距離 (m)         |                       |                       | 1分毎走行距離 |        | 平均速度 (km/h) | 今回最高<br>速度 (km/h) | 高強度<br>エフォート | 加速回数<br>(3.0m/s <sup>2</sup> ) | 加速回数<br>(2.5m/s <sup>2</sup> ) | 加速回数<br>(2.0m/s <sup>2</sup> ) | 加速回数max<br>(m/s <sup>2</sup> ) | 減速回数<br>(3.0m/s <sup>2</sup> ) | 減速回数<br>(2.5m/s <sup>2</sup> ) | 減速回数<br>(2.0m/s <sup>2</sup> ) | 減速度max<br>(m/s <sup>2</sup> ) | インパクト回数 |       |     |     |     | 消費カロリー<br>(kcal) |    |        |        |       |       |       |
|--------|-------|-------|---------------------|---------------------|--------------------|----------|--------|--------|---------|---------|---------|------------|------------|------------|-----------------------|-----------------------|-----------------------|---------|--------|-------------|-------------------|--------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|---------|-------|-----|-----|-----|------------------|----|--------|--------|-------|-------|-------|
|        |       |       |                     |                     |                    |          |        | 距離(m)  | 数       | 数       | 数       | 距離(m)      | 距離(m)      | 距離(m)      | 5-4km/h-<br>12.6km/h- | 4-3km/h-<br>18.0km/h- | 2.6km/h-<br>28.8km/h- | 数       | 数      | 数           | 数                 | 数            | 数                              | 数                              | 数                              | 数                              | 数                              | 数                              | 数                              | 数                             | 数       | 数     | 数   | 数   | 数   |                  | 数  | 数      | 数      | 数     | 数     |       |
| 01     | 音辻 夏輝 | DF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 4,837.03 | 2.58%  | 124.93 | 0       | 3       | 11      | 0.00       | 23.15      | 124.93     | 863.68                | 2,799.69              | 1,036.43              | 137.24  | 0.00   | 101.90      | 6.11              | 22.75        | 184                            | 2                              | 28                             | 91                             | 3.21                           | 14                             | 42                             | 103                           | -4.58   | 603   | 275 | 108 | 33  | 17               | 10 | 188.87 | 3.98   | 85    | 396.6 |       |
| 02     | 平野 凱  | DF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 4,870.43 | 4.84%  | 235.50 | 1       | 7       | 14      | 22.37      | 118.33     | 235.50     | 810.95                | 2,860.13              | 939.26                | 228.29  | 31.80  | 0.00        | 102.61            | 6.16         | 25.99                          | 159                            | 8                              | 23                             | 78                             | 3.57                           | 10                             | 41                            | 105     | -4.00 | 496 | 179 | 77  | 36               | 15 | 12     | 310.40 | 6.54  | 86    | 371.7 |
| 03     | 西村 優斗 | DF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 5,176.88 | 7.34%  | 379.85 | 5       | 11      | 20      | 86.06      | 247.17     | 379.85     | 901.10                | 2,783.47              | 1,098.59              | 274.51  | 119.21 | 0.00        | 109.06            | 6.54         | 28.73                          | 369                            | 7                              | 25                             | 65                             | 3.76                           | 15                             | 28                            | 103     | -3.94 | 425 | 318 | 172 | 75               | 46 | 49     | 449.65 | 9.47  | 75    | 405.1 |
| 04     | 片山 諒也 | DF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 4,466.39 | 3.21%  | 143.45 | 1       | 4       | 13      | 8.06       | 57.43      | 143.45     | 928.53                | 2,677.71              | 705.21                | 138.66  | 16.29  | 0.00        | 94.10             | 5.65         | 24.64                          | 60                             | 3                              | 15                             | 47                             | 3.20                           | 6                              | 23                            | 55      | -3.75 | 340 | 103 | 30  | 6                | 10 | 4      | 189.17 | 3.99  | 54    | 348.7 |
| 05     | 山本 悠貴 | MF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 6,005.90 | 3.95%  | 237.44 | 1       | 7       | 20      | 10.93      | 88.99      | 237.44     | 735.64                | 3,479.03              | 1,520.82              | 254.25  | 16.16  | 0.00        | 126.53            | 7.59         | 25.06                          | 187                            | 6                              | 26                             | 73                             | 3.40                           | 13                             | 36                            | 105     | -4.26 | 569 | 286 | 95  | 43               | 17 | 12     | 332.43 | 7.00  | 88    | 407.1 |
| 06     | 平野 更桜 | FW    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 6,378.63 | 13.71% | 874.80 | 10      | 34      | 48      | 180.84     | 588.19     | 874.80     | 751.45                | 3,192.36              | 1,516.73              | 686.56  | 231.54 | 0.00        | 134.38            | 8.06         | 27.54                          | 520                            | 4                              | 29                             | 85                             | 3.20                           | 13                             | 38                            | 99      | -4.36 | 740 | 418 | 247 | 112              | 70 | 64     | 991.34 | 20.88 | 115   | 423.8 |
| 07     | 大津 寛太 | FW    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 5,822.69 | 13.17% | 766.65 | 10      | 28      | 41      | 135.19     | 521.58     | 766.65     | 985.53                | 2,944.94              | 1,119.30              | 585.81  | 187.10 | 0.00        | 122.67            | 7.36         | 28.58                          | 221                            | 11                             | 28                             | 82                             | 3.41                           | 26                             | 58                            | 127     | -5.04 | 370 | 196 | 88  | 43               | 18 | 25     | 863.76 | 18.20 | 109   | 421.4 |
| 08     | 大川 琉稀 | MF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 5,629.57 | 5.95%  | 334.99 | 4       | 15      | 23      | 47.59      | 201.32     | 334.99     | 939.45                | 3,145.34              | 1,188.10              | 292.01  | 64.66  | 0.00        | 118.60            | 7.12         | 26.89                          | 601                            | 10                             | 25                             | 103                            | 3.86                           | 25                             | 61                            | 131     | -4.73 | 633 | 500 | 286 | 149              | 75 | 52     | 437.15 | 9.21  | 113   | 398.8 |
| 09     | 江入 亮介 | FW    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 5,958.02 | 9.70%  | 577.90 | 3       | 22      | 39      | 77.84      | 327.01     | 577.90     | 908.89                | 3,146.33              | 1,311.34              | 478.94  | 112.52 | 0.00        | 125.52            | 7.53         | 27.99                          | 288                            | 8                              | 28                             | 97                             | 3.77                           | 17                             | 43                            | 119     | -4.51 | 615 | 374 | 165 | 51               | 24 | 20     | 670.15 | 14.12 | 104   | 439.4 |
| 10     | 中村 莉士 | MF    | 2025/09/21 14:40:32 | 2025/09/21 15:28:00 | 00:47:28           | 5,740.49 | 6.21%  | 356.22 | 3       | 11      | 22      | 39.40      | 188.15     | 356.22     | 940.52                | 3,310.33              | 1,114.72              | 316.86  | 58.05  | 0.00        | 120.94            | 7.26         | 26.51                          | 717                            | 7                              | 31                             | 80                             | 3.80                           | 16                             | 36                            | 92      | -5.44 | 516 | 461 | 361 | 169              | 83 | 78     | 435.66 | 9.18  | 89    | 409.6 |

0921vs長崎東後半

| デバイスID | 選手名   | ポジション | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %HR    | ハイスピード<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | スプリント<br>距離(m)<br>(24.00km/h) | スプリント<br>距離(m)<br>(20.00km/h) | スプリント<br>距離(m)<br>(18.00km/h) | ZONE別走行距離 (m) | 23-4km/h-<br>28.8km/h- | 1分毎走行距離<br>(m) | 平均速度 (km/h) | 今回最高<br>速度 (km/h) | 高強度<br>エフォート | 加速回数<br>(3.0m/s <sup>2</sup> ) | 加速回数<br>(2.5m/s <sup>2</sup> ) | 加速回数<br>(2.0m/s <sup>2</sup> ) | 加速度max<br>(m/s <sup>2</sup> ) | 減速回数<br>(3.0m/s <sup>2</sup> ) | 減速回数<br>(2.5m/s <sup>2</sup> ) | 減速回数<br>(2.0m/s <sup>2</sup> ) | 減速度max<br>(m/s <sup>2</sup> ) | インパクト回数 | HMLD(m) | HML/min | HMLC   | 消費カロリー<br>(速度) |     |       |      |     |        |        |       |       |       |
|--------|-------|-------|---------------------|---------------------|--------------------|----------|--------|-----------------|------------------------|------------------------|------------------------|-------------------------------|-------------------------------|-------------------------------|---------------|------------------------|----------------|-------------|-------------------|--------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|-------------------------------|---------|---------|---------|--------|----------------|-----|-------|------|-----|--------|--------|-------|-------|-------|
| 01     | 音辻 夏輝 | DF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 4,834.32 | 6.57%  | 317.72          | 0                      | 7                      | 19                     | 0.00                          | 138.29                        | 317.72                        | 728.42        | 2,786.88               | 968.62         | 327.77      | 22.64             | 0.00         | 100.37                         | 6.02                           | 24.06                          | 235                           | 5                              | 23                             | 84                             | 3.63                          | 10      | 38      | 87      | -3.86  | 625            | 314 | 117   | 60   | 29  | 14     | 397.90 | 8.26  | 89    | 399.8 |
| 03     | 西村 優斗 | DF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,005.27 | 8.78%  | 439.32          | 3                      | 16                     | 21                     | 66.12                         | 283.02                        | 439.32                        | 915.15        | 2,494.25               | 1,131.26       | 373.16      | 86.88             | 4.81         | 103.92                         | 6.24                           | 28.84                          | 421                           | 4                              | 29                             | 81                             | 3.44                          | 13      | 49      | 102     | -3.86  | 354            | 315 | 185   | 110  | 50  | 56     | 535.78 | 11.12 | 104   | 416.8 |
| 04     | 片山 諒也 | DF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 4,735.07 | 6.06%  | 286.80          | 0                      | 11                     | 17                     | 0.00                          | 153.41                        | 286.80                        | 1,097.94      | 2,588.11               | 750.37         | 276.51      | 22.36             | 0.00         | 98.31                          | 5.90                           | 24.37                          | 134                           | 5                              | 15                             | 46                             | 3.49                          | 3       | 17      | 60      | -4.99  | 351            | 153 | 65    | 38   | 15  | 8      | 331.41 | 6.88  | 52    | 357.6 |
| 05     | 山本 悠貴 | MF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,735.78 | 8.29%  | 475.62          | 4                      | 12                     | 20                     | 59.36                         | 310.75                        | 475.62                        | 821.80        | 2,319.88               | 767.76         | 276.51      | 22.36             | 0.00         | 101.08                         | 6.13                           | 24.37                          | 134                           | 5                              | 15                             | 46                             | 3.49                          | 3       | 17      | 60      | -4.99  | 351            | 153 | 65    | 38   | 15  | 8      | 331.41 | 6.88  | 52    | 357.6 |
| 06     | 平塚 真哉 | FW    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 6,018.18 | 8.73%  | 493.78          | 8                      | 20                     | 26                     | 76.76                         | 326.86                        | 493.78                        | 1,632.02      | 3,736.61               | 1,146.84       | 401.19      | 25.08             | 4.49         | 112.42                         | 6.59                           | 30.02                          | 443                           | 6                              | 32                             | 109                            | 3.78                          | 22      | 242     | 109     | -6.84  | 419            | 684 | 312   | 242  | 109 | 68     | 631.74 | 14.69 | 117   | 549.0 |
| 07     | 大久 寛大 | FW    | 2025/09/21 15:42:49 | 2025/09/21 16:10:17 | 00:27:28           | 3,210.05 | 8.14%  | 261.28          | 2                      | 7                      | 17                     | 45.33                         | 156.31                        | 261.28                        | 505.38        | 1,799.89               | 640.44         | 194.71      | 69.63             | 0.59         | 70.1                           | 26.72                          | 85                             | 4                             | 13                             | 45                             | 3.21                           | 9                             | 2       | 17      | 5       | 308.29 | 7.26           | 53  | 224.4 | 7.92 | 102 | 79.2   | 103    | 406.3 |       |       |
| 08     | 大川 琉璃 | FW    | 2025/09/21 15:42:49 | 2025/09/21 16:10:17 | 00:48:10           | 5,240.06 | 8.28%  | 433.82          | 4                      | 16                     | 27                     | 36.27                         | 211.35                        | 433.82                        | 981.63        | 2,722.04               | 1,089.65       | 389.10      | 57.77             | 0.78         | 105.9                          | 6.53                           | 26.44                          | 535                           | 6                              | 35                             | 87                             | 3.78                          | 47      | 109     | -4.37   | 545    | 439            | 254 | 137   | 71   | 44  | 525.80 | 10.92  | 103   | 406.3 |       |
| 09     | 江入 亮介 | FW    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,604.18 | 9.37%  | 525.28          | 5                      | 21                     | 33                     | 64.73                         | 326.80                        | 525.28                        | 1,020.20      | 2,798.40               | 1,238.26       | 431.55      | 115.77            | 0.00         | 116.35                         | 6.98                           | 27.71                          | 267                           | 12                             | 46                             | 100                            | 3.69                          | 26      | 60      | 143     | -4.93  | 530            | 330 | 132   | 55   | 18  | 19     | 640.76 | 13.30 | 127   | 433.4 |
| 10     | 中村 莉士 | FW    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,852.55 | 12.12% | 709.54          | 6                      | 22                     | 34                     | 139.90                        | 449.58                        | 709.54                        | 1,902.97      | 2,771.19               | 1,436.28       | 555.51      | 186.60            | 0.00         | 121.51                         | 7.29                           | 27.71                          | 268                           | 10                             | 36                             | 100                            | 3.76                          | 26      | 67      | 124     | -4.86  | 486            | 445 | 363   | 178  | 96  | 93     | 843.08 | 17.50 | 135   | 438.7 |
| 11     | 林田 一護 | DF    | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,660.81 | 8.66%  | 490.39          | 4                      | 17                     | 31                     | 33.56                         | 229.11                        | 490.39                        | 915.57        | 2,891.90               | 1,335.68       | 454.79      | 62.87             | 0.00         | 117.53                         | 7.05                           | 26.07                          | 251                           | 16                             | 65                             | 184                            | 3.61                          | 41      | 73      | 189     | -4.89  | 666            | 563 | 343   | 159  | 90  | 98     | 628.98 | 13.06 | 177   | 399.0 |
| 12     | 山口 順愛 | MF    | 2025/09/21 16:10:17 | 2025/09/21 16:30:59 | 00:20:42           | 2,853.10 | 11.53% | 329.01          | 3                      | 9                      | 21                     | 26.41                         | 132.43                        | 329.01                        | 295.19        | 1,500.55               | 755.44         | 251.75      | 46.17             | 0.00         | 137.83                         | 8.27                           | 25.45                          | 466                           | 5                              | 18                             | 55                             | 3.60                          | 10      | 38      | 84      | -4.01  | 288            | 304 | 194   | 126  | 68  | 60     | 388.39 | 18.76 | 75    | 189.9 |

0921vs長崎東前半 平均ポジション



スプリント回数とハイスピード距離、加減速回数について

スプリント回数1...24.00km/hを超えた回数

スプリント回数2...20.00km/hを超えた回数

スプリント回数3...18.00km/hを超えた回数

ハイスピード距離...18.00km/hを超えた状態での移動距離

加減速回数...加速度が3.0m/s^2を超えて加速または減速した回数

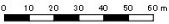
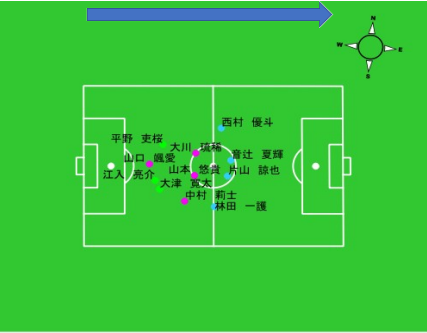
加減速回数2...加速度が2.5m/s^2を超えて加速または減速した回数

加減速回数3...加速度が2.0m/s^2を超えて加速または減速した回数

前後バランス...プラス～前傾姿勢, マイナス～後傾姿勢

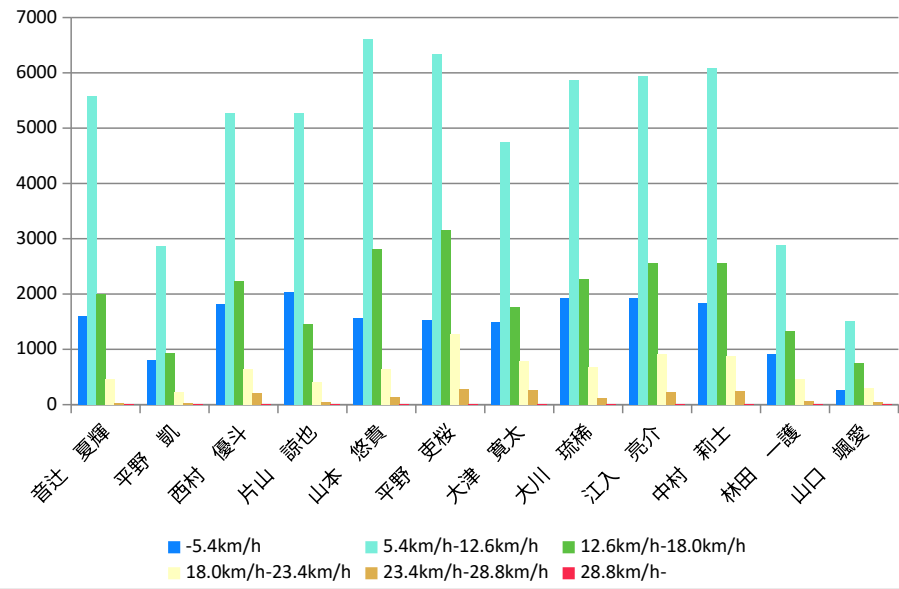
左右バランス...プラス～左傾姿勢, マイナス～右傾姿勢

0921vs長崎東後半 平均ポジション



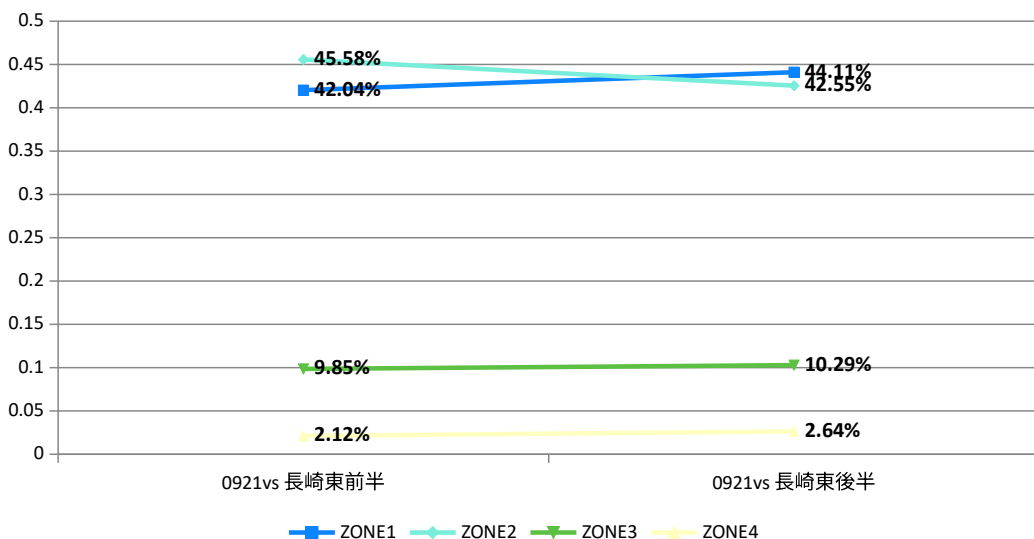
[illegible]

速度ゾーングラフ

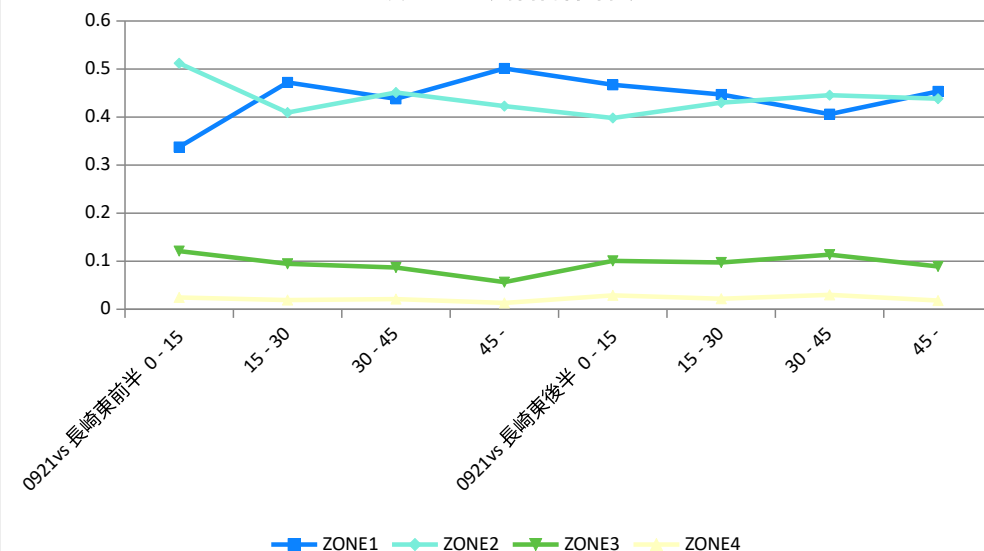


|       | -5.4km/h | 5.4km/h-12.6km/h | 12.6km/h-18.0km/h | 18.0km/h-23.4km/h | 23.4km/h-28.8km/h | 28.8km/h- |
|-------|----------|------------------|-------------------|-------------------|-------------------|-----------|
| 音辻 夏輝 | 1,592.10 | 5,586.57         | 2,005.04          | 465.01            | 22.64             | 0.00      |
| 平野 凱  | 810.95   | 2,860.13         | 939.26            | 228.29            | 31.80             | 0.00      |
| 西村 優斗 | 1,816.26 | 5,277.72         | 2,229.85          | 647.66            | 206.09            | 4.81      |
| 片山 諒也 | 2,026.46 | 5,265.82         | 1,455.58          | 415.17            | 38.65             | 0.00      |
| 山本 悠貴 | 1,557.43 | 6,610.91         | 2,804.40          | 642.13            | 126.82            | 0.00      |
| 平野 吏桜 | 1,519.20 | 6,339.20         | 3,149.35          | 1,272.09          | 274.96            | 0.00      |
| 大津 寛太 | 1,490.92 | 4,744.83         | 1,759.75          | 780.52            | 256.72            | 0.00      |
| 大川 琉稀 | 1,921.08 | 5,867.38         | 2,277.75          | 681.11            | 122.44            | 0.00      |
| 江入 亮介 | 1,929.09 | 5,944.73         | 2,549.60          | 910.49            | 228.30            | 0.00      |
| 中村 莉士 | 1,843.49 | 6,081.52         | 2,551.00          | 872.37            | 244.65            | 0.00      |
| 林田 一護 | 915.57   | 2,891.90         | 1,335.68          | 454.79            | 62.87             | 0.00      |
| 山口 颯愛 | 259.19   | 1,500.55         | 755.44            | 291.75            | 46.17             | 0.00      |

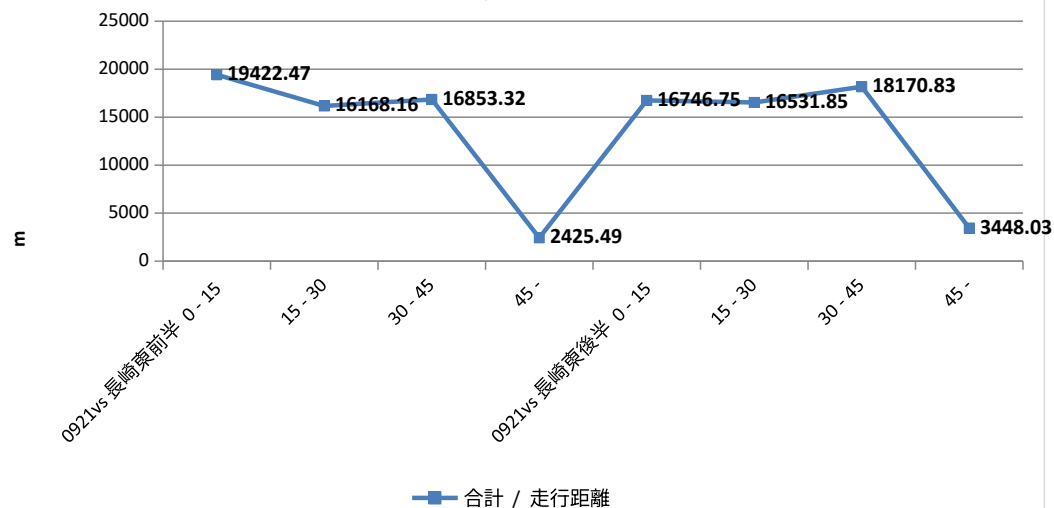
速度ゾーン（時間割合，セッション別）



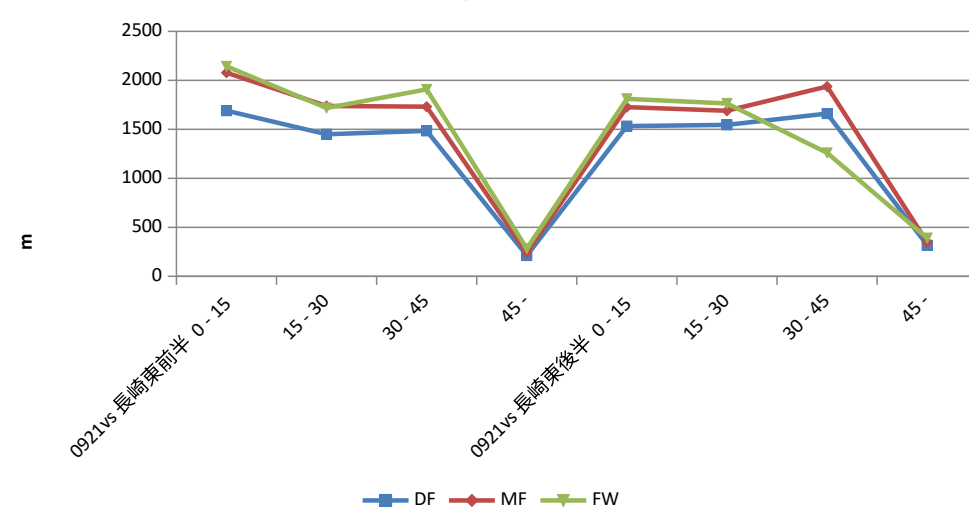
速度ゾーン（時間割合詳細）



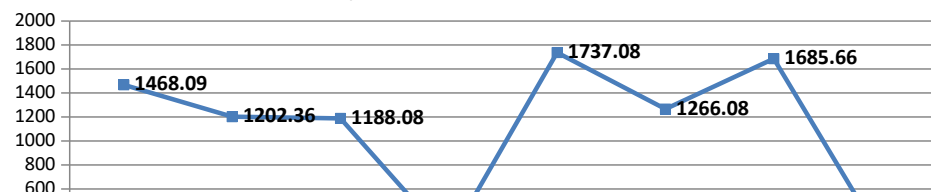
合計 / 走行距離



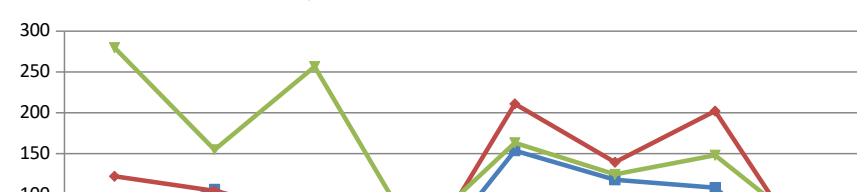
平均 / 走行距離

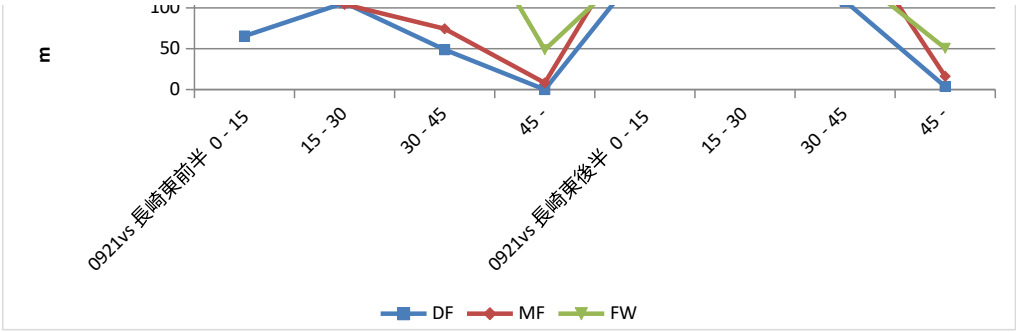
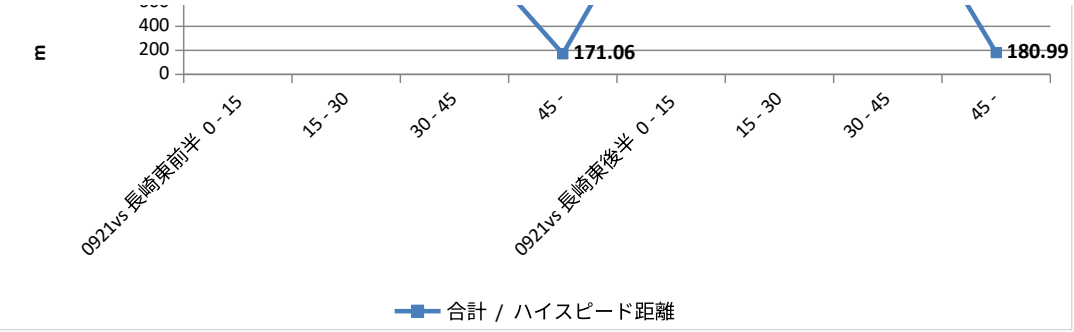


合計 / ハイスピード距離

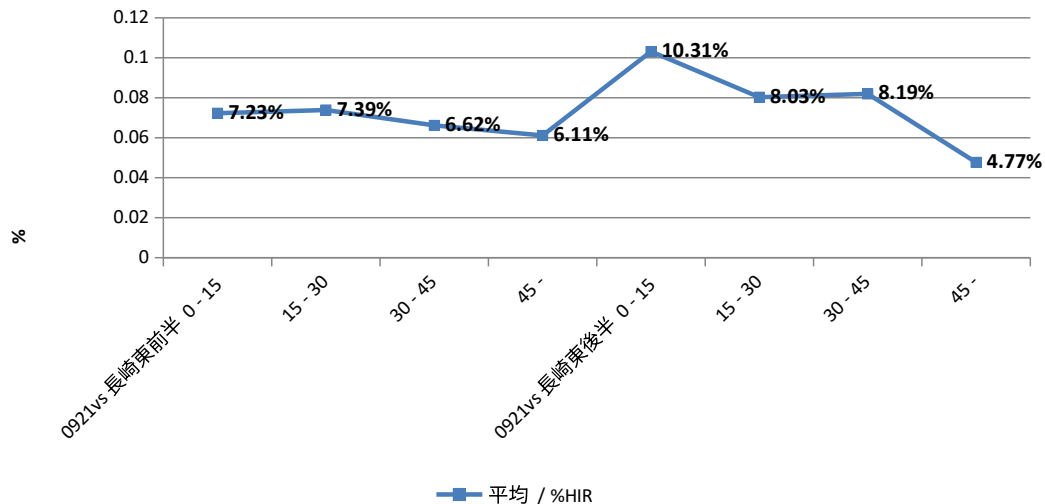


平均 / ハイスピード距離

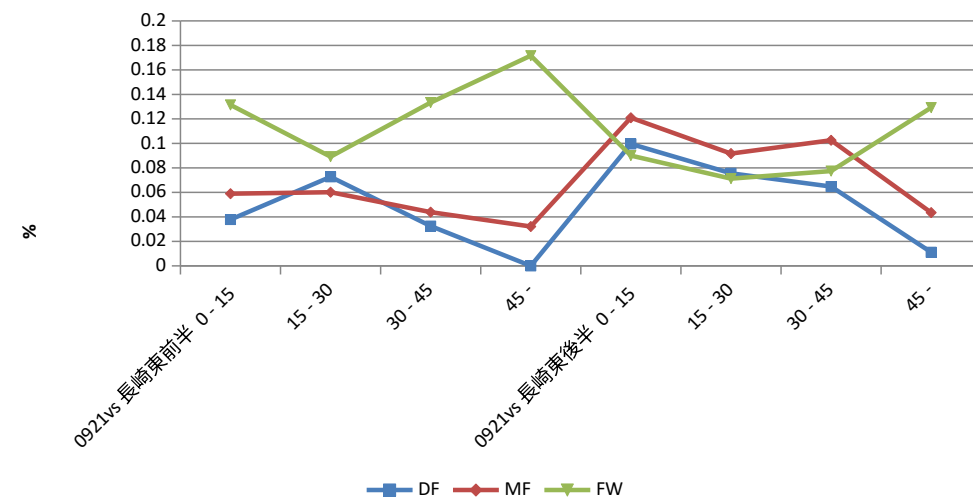




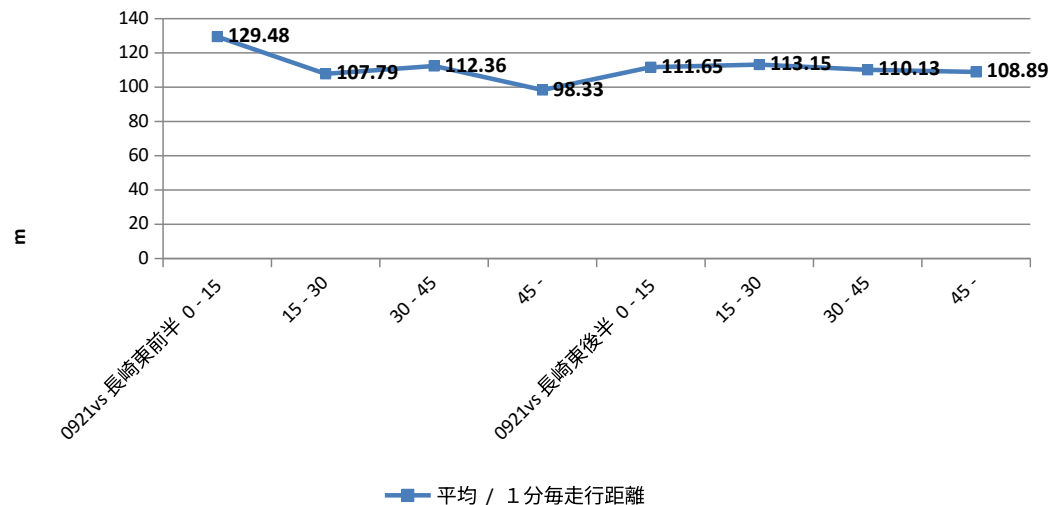
平均 / %HIR



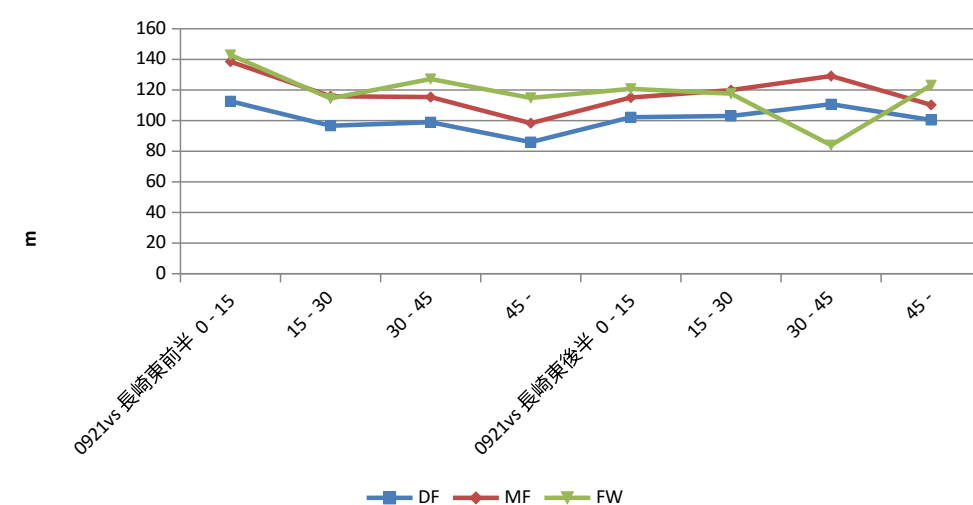
平均 / %HIR



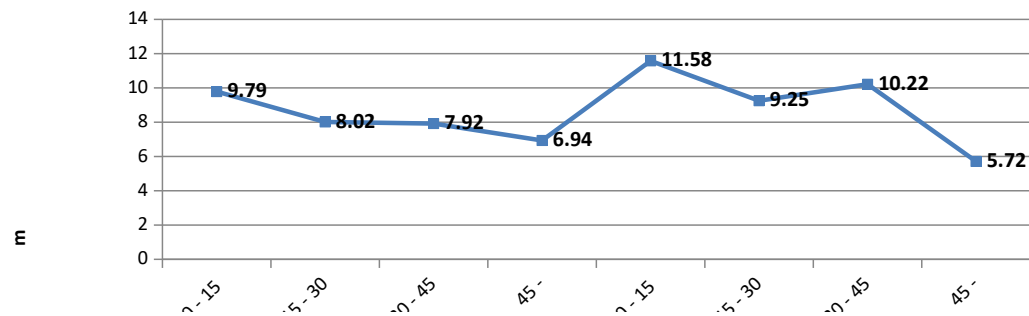
平均 / 1分毎走行距離



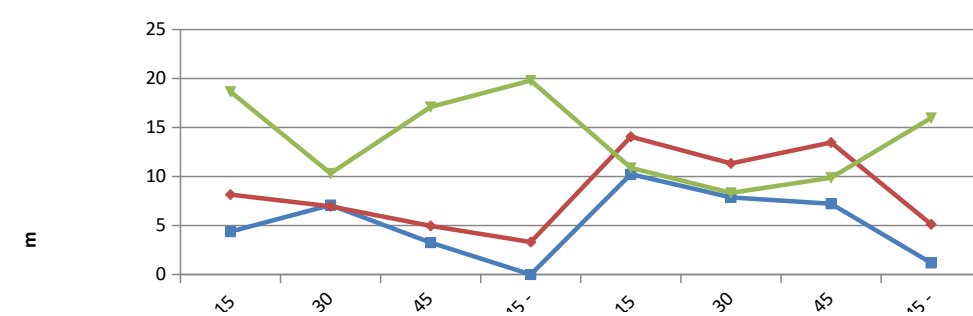
平均 / 1分毎走行距離

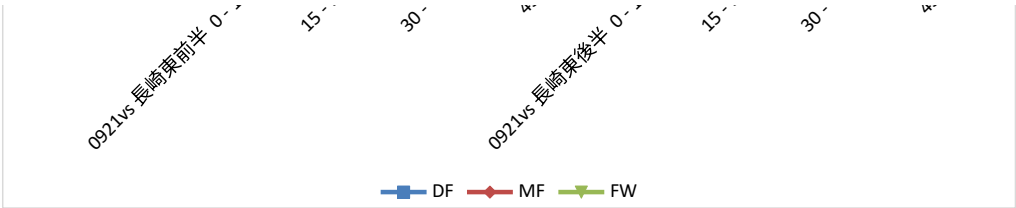
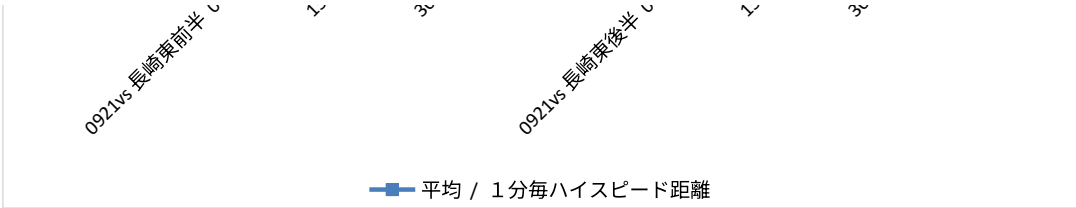


平均 / 1分毎ハイスピード距離



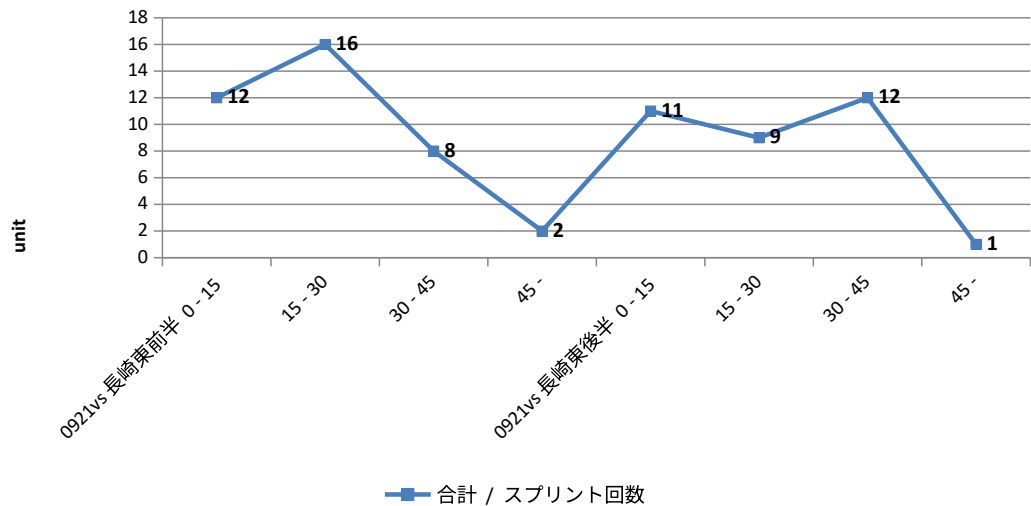
平均 / 1分毎ハイスピード距離



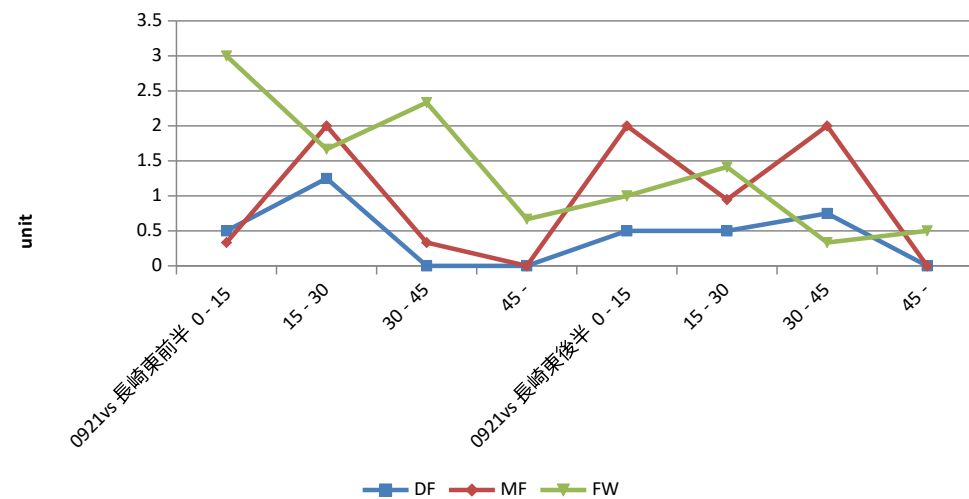




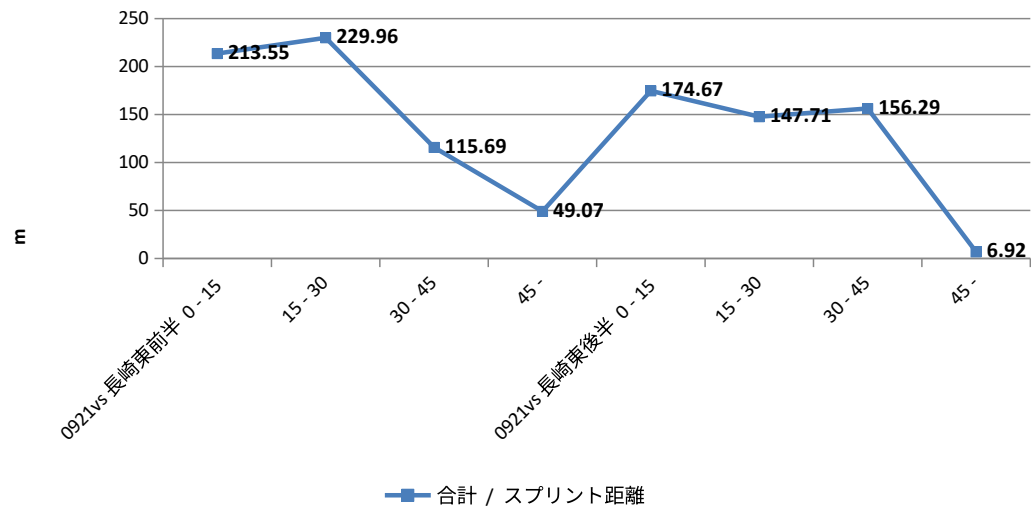
合計 / スプリント回数



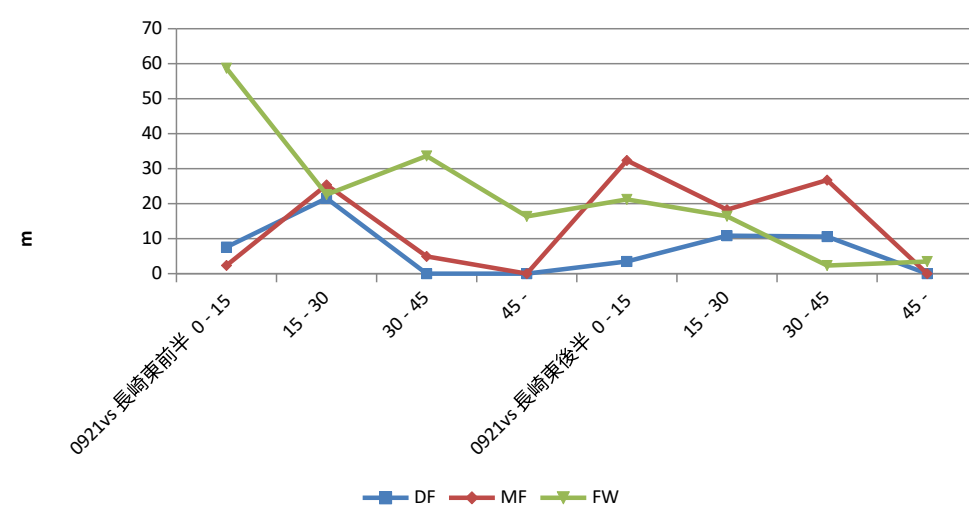
平均 / スプリント回数



合計 / スプリント距離

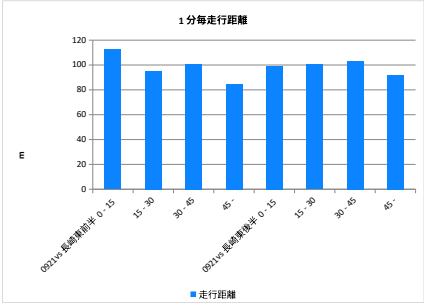
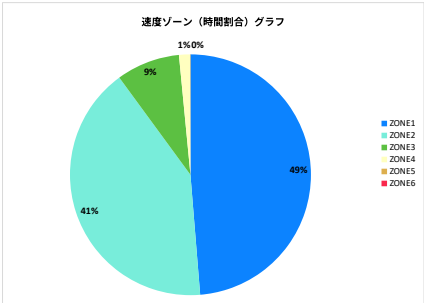


平均 / スプリント距離

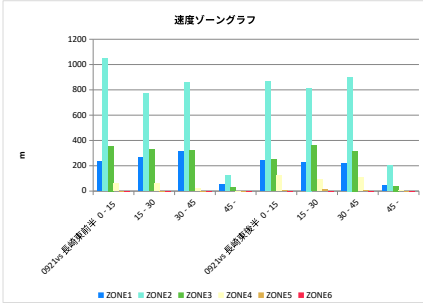
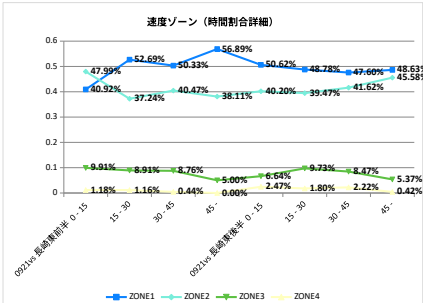
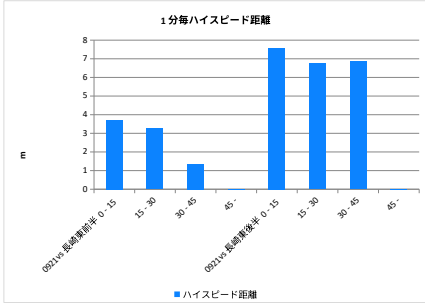
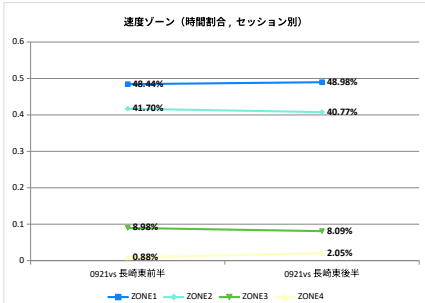


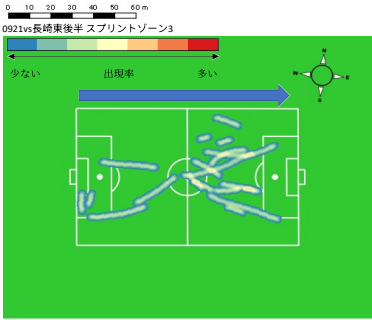
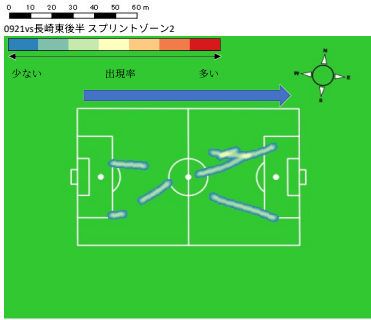
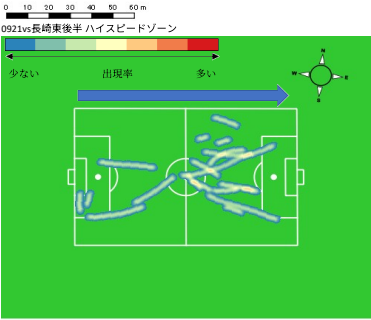
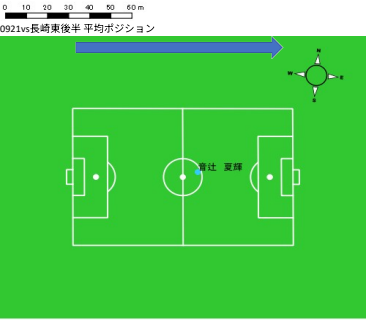
| 音速      | 夏                   | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %HIR   | ハイスピード<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | スプリント距離<br>(24.00km/h) | スプリント距離<br>(20.00km/h) | スプリント距離<br>(18.00km/h) | 1分毎走行距離<br>(m) | 平均速度 (km/h) | 今回最高速度<br>(km/h) | 高強度<br>エフォート | 加速回数<br>(3.0m/s²) | 加速回数<br>(2.5m/s²) | 加速回数<br>(2.0m/s²) | 加速度max<br>(m/s²) | 減速回数<br>(3.0m/s²) | 減速回数<br>(2.5m/s²) | 減速回数<br>(2.0m/s²) | 減速度max<br>(m/s²) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G-    | HMLD(m) | HML/min | HMLC  | 消費カロリー<br>(kcal) |
|---------|---------------------|---------------------|---------------------|--------------------|----------|--------|-----------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|----------------|-------------|------------------|--------------|-------------------|-------------------|-------------------|------------------|-------------------|-------------------|-------------------|------------------|-------|-------|-------|-------|-------|--------|---------|---------|-------|------------------|
| 全体      | 詳細                  | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 9,671.35 | 4.58%  | 442.64          | 0                      | 10                     | 30                     | 0.00                   | 161.44                 | 442.64                 | 101.13         | 6.07        | 24.06            | 419          | 7                 | 51                | 175               | 3.63             | 24                | 80                | 190               | -4.58            | 1,228 | 589   | 225   | 93    | 46    | 24     | 586.77  | 6.14    | 174   | 796.3            |
| 0921vs長 | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00            | 1,689.28           | 3.30%    | 55.68  | 0               | 0                      | 5                      | 0.00                   | 0.00                   | 55.68                  | 112.62                 | 6.76           | 20.46       | 65               | 1            | 12                | 33                | 3.21              | 6                | 14                | 39                | -3.21             | 198              | 97    | 38    | 10    | 5     | 5     | 76.13  | 5.08    | 33      | 124.7 |                  |
|         | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00            | 1,425.38           | 3.43%    | 48.82  | 0               | 2                      | 4                      | 0.00                   | 15.63                  | 48.82                  | 95.03                  | 5.70           | 22.17       | 54               | 1            | 8                 | 23                | 3.07              | 3                | 9                 | 29                | -3.52             | 164              | 83    | 31    | 12    | 7     | 0     | 71.92  | 4.75    | 24      | 126.5 |                  |
|         | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00            | 1,512.43           | 1.35%    | 20.42  | 0               | 1                      | 2                      | 0.00                   | 7.52                   | 20.42                  | 100.83                 | 6.05           | 22.75       | 58               | 0            | 8                 | 35                | 2.83              | 5                | 14                | 29                | -4.58             | 211              | 90    | 34    | 11    | 3     | 5     | 38.94  | 2.60    | 23      | 125.8 |                  |
|         | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28            | 208.68             | 0.00%    | 0.00   | 0               | 0                      | 0                      | 0.00                   | 0.00                   | 0.00                   | 84.60                  | 5.07           | 15.43       | 7                | 0            | 0                 | 0                 | 2.00              | 0                | 5                 | 6                 | -2.90             | 30               | 5     | 5     | 0     | 2     | 0     | 2.49   | 1.01    | 5       | 19.6  |                  |
|         | 2025/09/21 15:28:00 | 2025/09/21 15:42:49 | 00:15:00            | 1,486.65           | 7.64%    | 113.58 | 0               | 3                      | 6                      | 0.00                   | 55.54                  | 113.58                 | 99.11                  | 5.95           | 24.06       | 71               | 1            | 6                 | 25                | 3.54              | 1                | 13                | 23                | -3.62             | 181              | 95    | 39    | 18    | 8     | 4     | 143.40 | 9.56    | 30      | 128.5 |                  |
| 0921vs長 | 2025/09/21 15:42:49 | 2025/09/21 15:57:49 | 00:15:00            | 1,504.25           | 6.74%    | 101.35 | 0               | 2                      | 6                      | 0.00                   | 47.84                  | 101.35                 | 100.28                 | 6.02           | 23.98       | 84               | 2            | 10                | 28                | 3.63              | 7                | 17                | 32                | -3.59             | 187              | 102   | 37    | 22    | 12    | 4     | 122.15 | 8.14    | 32      | 119.1 |                  |
|         | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00            | 1,551.16           | 6.63%    | 102.79 | 0               | 2                      | 7                      | 0.00                   | 34.90                  | 102.79                 | 103.41                 | 6.21           | 24.06       | 69               | 2            | 7                 | 30                | 3.16              | 2                | 7                 | 29                | -3.86             | 208              | 104   | 34    | 19    | 7     | 5     | 127.83 | 8.52    | 25      | 126.5 |                  |
|         | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:03:10            | 290.91             | 0.00%    | 0.00   | 0               | 0                      | 0                      | 0.00                   | 0.00                   | 0.00                   | 91.87                  | 5.51           | 19.03       | 11               | 0            | 0                 | 1                 | 2.07              | 0                | 1                 | 3                 | -2.61             | 49               | 13    | 7     | 1     | 1     | 1     | 4.51   | 1.43    | 2       | 25.7  |                  |
|         | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10            | 290.91             | 0.00%    | 0.00   | 0               | 0                      | 0                      | 0.00                   | 0.00                   | 0.00                   | 91.87                  | 5.51           | 19.03       | 11               | 0            | 0                 | 1                 | 2.07              | 0                | 1                 | 3                 | -2.61             | 49               | 13    | 7     | 1     | 1     | 1     | 4.51   | 1.43    | 2       | 25.7  |                  |
|         |                     | 合計 (hh:mm:ss)       |                     | 01:35:38           |          |        |                 |                        |                        |                        |                        |                        |                        |                |             |                  |              |                   |                   |                   |                  |                   |                   |                   |                  |       |       |       |       |       |        |         |         |       |                  |

| 音速      | 夏                                         | 計測開始 (JST) | 計測終了 (JST) | ディフェンディング |        | ミドル | アタッキング |
|---------|-------------------------------------------|------------|------------|-----------|--------|-----|--------|
|         |                                           |            |            | グ         | サード    | サード | サード    |
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            |            | 7.42%     | 58.34% |     | 34.24% |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            |            | 7.13%     | 69.30% |     | 23.57% |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            |            | 0.47%     | 68.65% |     | 30.89% |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            |            | 0.00%     | 68.22% |     | 31.78% |
|         | 2025/09/21 15:27:59 - 2025/09/21 15:57:48 |            |            | 10.71%    | 71.69% |     | 17.60% |
| 0921vs長 | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            |            | 3.50%     | 70.92% |     | 25.59% |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            |            | 3.63%     | 74.55% |     | 21.83% |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            |            | 0.00%     | 70.58% |     | 29.42% |

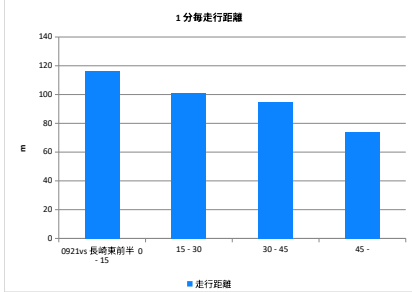


| ZONE1 (m, hh:mm:ss) |          | ZONE2 (m, hh:mm:ss) |          | ZONE3 (m, hh:mm:ss) |          | ZONE4 (m, hh:mm:ss) |          | ZONE5 (m, hh:mm:ss) |          | ZONE6 (m, hh:mm:ss) |          | 合計       |
|---------------------|----------|---------------------|----------|---------------------|----------|---------------------|----------|---------------------|----------|---------------------|----------|----------|
| 5.4km/h             |          | 5.4km/h-12.0km/h    |          | 12.0km/h-18.0km/h   |          | 18.0km/h-23.4km/h   |          | 23.4km/h-28.8km/h   |          | 28.8km/h-           |          |          |
| 230.85              | 00:06:08 | 1,044.61            | 00:07:11 | 356.08              | 00:01:29 | 57.75               | 00:00:10 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 1,689.28 |
| 268.03              | 00:07:54 | 771.94              | 00:05:35 | 329.07              | 00:01:20 | 57.04               | 00:00:10 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 1,426.07 |
| 309.65              | 00:07:33 | 858.87              | 00:06:04 | 321.80              | 00:01:18 | 22.45               | 00:00:04 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 1,512.77 |
| 55.16               | 00:01:24 | 124.28              | 00:00:56 | 29.47               | 00:00:07 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 208.91   |
| 241.22              | 00:07:35 | 868.05              | 00:06:01 | 249.59              | 00:00:59 | 123.83              | 00:00:22 | 3.96                | 00:00:00 | 0.00                | 00:00:00 | 1,486.65 |
| 223.58              | 00:07:19 | 815.04              | 00:05:55 | 362.23              | 00:01:27 | 90.13               | 00:00:16 | 13.27               | 00:00:02 | 0.00                | 00:00:00 | 1,504.25 |
| 218.65              | 00:07:08 | 900.96              | 00:06:14 | 316.98              | 00:01:16 | 109.76              | 00:00:20 | 5.41                | 00:00:00 | 0.00                | 00:00:00 | 1,551.76 |
| 44.97               | 00:01:32 | 202.83              | 00:01:26 | 39.82               | 00:00:10 | 4.05                | 00:00:00 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 291.66   |
| 1,592.10            | 00:46:35 | 5,586.57            | 00:39:23 | 2,005.04            | 00:08:09 | 465.01              | 00:01:24 | 22.64               | 00:00:03 | 0.00                | 00:00:00 | 9,671.35 |

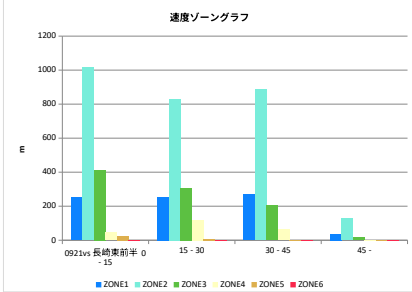
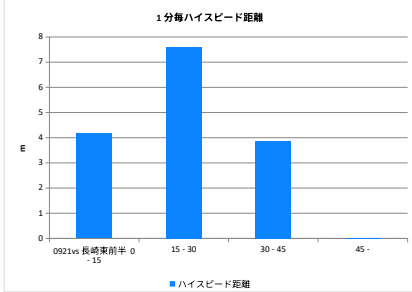


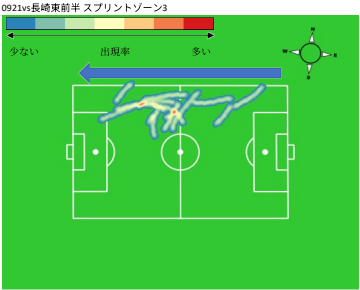
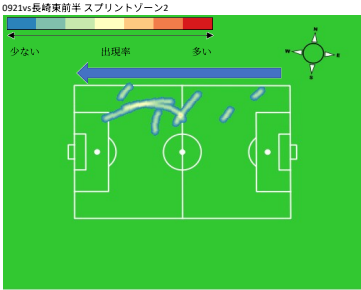
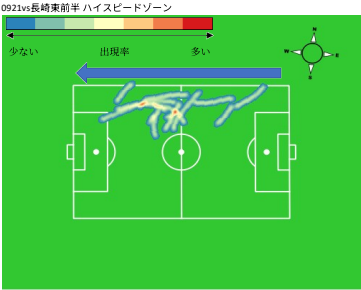


|         | 計測開始 (JST)                                | 計測終了 (JST) | グ<br>ラ<br>フ | ミドル<br>サ<br>ド | データキング<br>サ<br>ド |
|---------|-------------------------------------------|------------|-------------|---------------|------------------|
| 平野 航    |                                           |            | サード         |               |                  |
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 3.12%       | 68.56%        | 28.32%           |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 1.37%       | 75.33%        | 23.30%           |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 1.89%       | 77.29%        | 20.81%           |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 0.00%       | 79.02%        | 20.98%           |



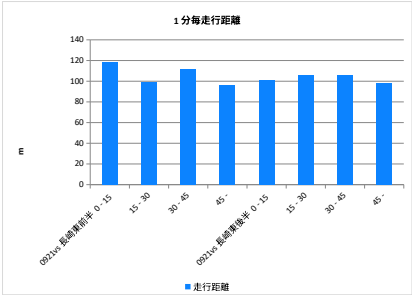
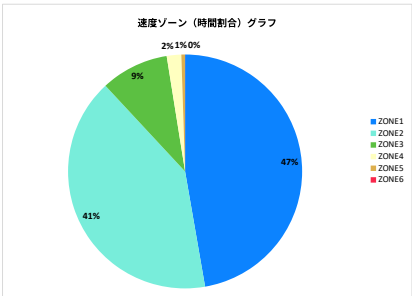
| ZONE1 [m, hh:mm:ss] |                  | ZONE2 [m, hh:mm:ss] |                   | ZONE3 [m, hh:mm:ss] |           | ZONE4 [m, hh:mm:ss] |          | ZONE5 [m, hh:mm:ss] |          | ZONE6 [m, hh:mm:ss] |          | 合計       |
|---------------------|------------------|---------------------|-------------------|---------------------|-----------|---------------------|----------|---------------------|----------|---------------------|----------|----------|
| 5.4km/h             | 5.4km/h-12.6km/h | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h | 23.4km/h-28.8km/h   | 28.8km/h- |                     |          |                     |          |                     |          |          |
| 250.50              | 00:06:08         | 1,014.36            | 00:07:01          | 411.92              | 00:01:38  | 46.80               | 00:00:08 | 23.66               | 00:00:03 | 0.00                | 00:00:00 | 1,747.23 |
| 253.23              | 00:07:24         | 831.59              | 00:05:58          | 307.82              | 00:01:14  | 118.34              | 00:00:21 | 8.14                | 00:00:01 | 0.00                | 00:00:00 | 1,519.12 |
| 269.79              | 00:07:39         | 885.62              | 00:06:18          | 203.48              | 00:00:54  | 63.14               | 00:00:11 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 1,422.03 |
| 37.44               | 00:01:25         | 128.56              | 00:00:16          | 16.04               | 00:00:04  | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 0.00                | 00:00:00 | 182.04   |
| 810.95              | 00:22:37         | 2,860.13            | 00:20:16          | 939.26              | 00:03:47  | 228.29              | 00:00:41 | 31.80               | 00:00:04 | 0.00                | 00:00:00 | 4,870.43 |



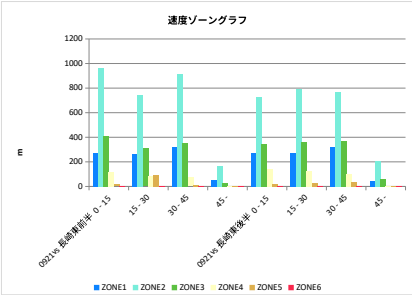
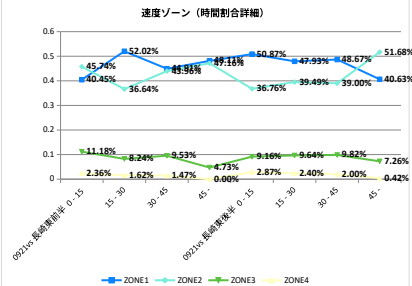
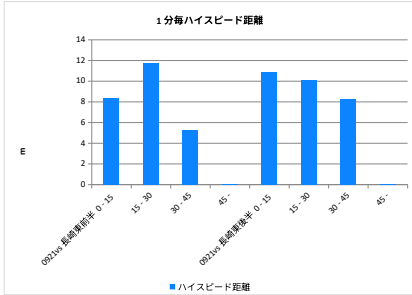
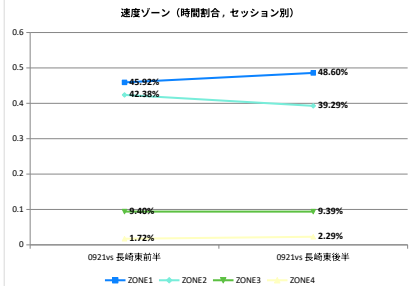


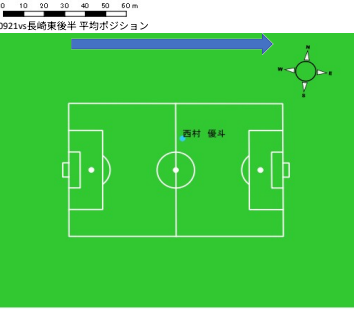
| 西村 斗    | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間 (hh:mm:ss) | 走行距離(m)   | %HIR   | ハイスピード距離(m) | スプリント回数 (24.0km/h) | スプリント回数 (20.0km/h) | スプリント回数 (18.0km/h) | スプリント回数 (24.0km/h) | スプリント回数 (20.0km/h) | スプリント回数 (18.0km/h) | 1分毎走行距離(m) | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート | 加速回数 (3.0m/s²) | 加速回数 (2.5m/s²) | 加速回数 (2.0m/s²) | 加速度max (m/s²) | 減速回数 (3.0m/s²) | 減速回数 (2.5m/s²) | 減速回数 (2.0m/s²) | 減速度max (m/s²) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G+ | HMLD(m) | HML/min | HMLC | 消費カロリー (kcal) |
|---------|---------------------|---------------------|-----------------|-----------|--------|-------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|------------|-------------|---------------|----------|----------------|----------------|----------------|---------------|----------------|----------------|----------------|---------------|-------|-------|-------|-------|-------|-----|---------|---------|------|---------------|
| 全体      | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27        | 10,182.14 | 8.05%  | 819.18      | 8                  | 27                 | 41                 | 152.18             | 530.19             | 819.18             | 106.47     | 6.39        | 28.84         | 790      | 11             | 54             | 146            | 3.76          | 28             | 77             | 205            | -3.94         | 779   | 633   | 357   | 185   | 96    | 105 | 985.43  | 10.30   | 179  | 821.9         |
| 詳細      | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00        | 1,776.20  | 7.04%  | 134.98      | 1                  | 5                  | 6                  | 8.01               | 81.15              | 134.98             | 118.41     | 7.11        | 24.94         | 130      | 3              | 13             | 22             | 3.34          | 3              | 8              | 35             | -3.94         | 136   | 110   | 64    | 21    | 21    | 17  | 152.11  | 10.14   | 31   | 137.9         |
| 0921vs長 | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00        | 1,492.58  | 11.76% | 175.60      | 4                  | 4                  | 7                  | 78.04              | 137.03             | 175.60             | 99.51      | 5.97        | 28.73         | 117      | 1              | 5              | 14             | 3.25          | 9              | 10             | 27             | -3.68         | 119   | 98    | 49    | 25    | 15    | 14  | 195.42  | 13.03   | 21   | 127.3         |
|         | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00        | 1,668.64  | 4.75%  | 79.27       | 0                  | 2                  | 7                  | 0.00               | 29.00              | 79.27              | 111.24     | 6.68        | 24.78         | 104      | 3              | 6              | 26             | 3.76          | 2              | 9              | 37             | -3.60         | 154   | 96    | 52    | 24    | 7     | 16  | 100.13  | 6.68    | 21   | 129.5         |
|         | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28        | 238.17    | 0.00%  | 0.00        | 0                  | 0                  | 0                  | 0.00               | 0.00               | 0.00               | 96.55      | 5.80        | 14.19         | 18       | 0              | 1              | 3              | 2.81          | 1              | 1              | 4              | -3.02         | 16    | 14    | 7     | 5     | 3     | 2   | 1.99    | 0.81    | 2    | 20.3          |
| 0921vs長 | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00        | 1,515.28  | 10.75% | 162.82      | 1                  | 6                  | 9                  | 7.14               | 81.95              | 162.82             | 101.02     | 6.06        | 25.04         | 125      | 0              | 4              | 22             | 2.79          | 3              | 10             | 23             | -3.45         | 100   | 106   | 54    | 39    | 14    | 14  | 180.09  | 12.01   | 26   | 130.2         |
|         | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00        | 1,589.87  | 9.55%  | 151.79      | 1                  | 5                  | 6                  | 34.97              | 119.25             | 151.79             | 105.99     | 6.36        | 28.84         | 134      | 1              | 13             | 30             | 3.07          | 4              | 18             | 39             | -3.86         | 132   | 97    | 51    | 37    | 23    | 17  | 187.57  | 12.50   | 37   | 130.8         |
|         | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00        | 1,587.42  | 7.86%  | 124.71      | 1                  | 5                  | 6                  | 24.01              | 81.81              | 124.71             | 105.83     | 6.35        | 28.35         | 142      | 2              | 11             | 27             | 3.44          | 4              | 18             | 35             | -3.67         | 98    | 97    | 71    | 29    | 12    | 23  | 158.89  | 10.59   | 36   | 130.0         |
|         | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10        | 311.73    | 0.00%  | 0.00        | 0                  | 0                  | 0                  | 0.00               | 0.00               | 0.00               | 98.44      | 5.91        | 19.04         | 20       | 1              | 1              | 2              | 3.00          | 2              | 3              | 5              | -3.53         | 24    | 15    | 9     | 5     | 1     | 2   | 9.23    | 2.91    | 5    | 25.8          |
|         | 合計 (hh:mm:ss)       |                     |                 | 01:35:38  |        |             |                    |                    |                    |                    |                    |                    |            |             |               |          |                |                |                |               |                |                |                |               |       |       |       |       |       |     |         |         |      |               |

| 西村 斗    | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>グ<br>サード | ミヤル<br>サード | アタッキング<br>サード |
|---------|-------------------------------------------|------------|-----------------------|------------|---------------|
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 | 7.32%      | 63.56%                | 29.12%     |               |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 | 3.33%      | 70.18%                | 26.49%     |               |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 | 8.10%      | 65.63%                | 26.27%     |               |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 | 0.00%      | 67.70%                | 32.30%     |               |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 | 5.28%      | 80.50%                | 14.22%     |               |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 | 3.09%      | 74.59%                | 22.33%     |               |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 | 2.64%      | 79.77%                | 17.59%     |               |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 | 8.37%      | 77.72%                | 13.92%     |               |



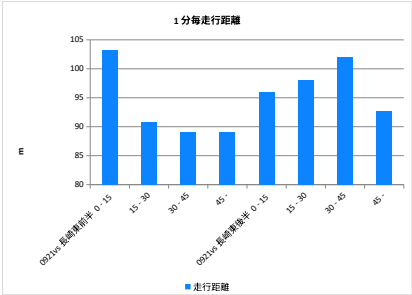
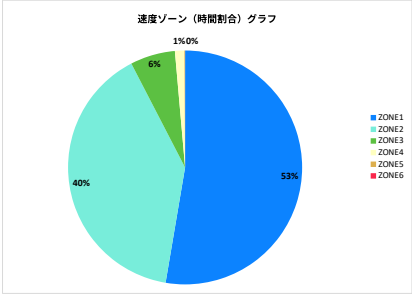
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計        |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|-----------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h-           |           |
| 269.66              | 00:06:04            | 960.75              | 00:06:51            | 410.96              | 00:01:40            | 118.93    |
| 262.97              | 00:07:48            | 744.10              | 00:05:29            | 308.32              | 00:01:14            | 82.61     |
| 318.64              | 00:06:44            | 915.95              | 00:06:35            | 353.10              | 00:01:25            | 72.97     |
| 49.84               | 00:01:11            | 162.68              | 00:01:09            | 26.19               | 00:00:07            | 0.00      |
| 274.34              | 00:07:37            | 728.75              | 00:05:30            | 346.67              | 00:01:22            | 143.77    |
| 275.73              | 00:07:11            | 794.27              | 00:05:55            | 359.77              | 00:01:26            | 123.86    |
| 318.23              | 00:07:18            | 767.89              | 00:05:51            | 367.25              | 00:01:28            | 101.29    |
| 46.85               | 00:01:17            | 203.33              | 00:01:38            | 57.56               | 00:00:13            | 4.23      |
| 1,816.26            | 00:45:12            | 5,277.72            | 00:39:02            | 2,229.85            | 00:08:59            | 647.66    |
|                     |                     |                     |                     |                     |                     | 00:01:55  |
|                     |                     |                     |                     |                     |                     | 206.09    |
|                     |                     |                     |                     |                     |                     | 00:00:28  |
|                     |                     |                     |                     |                     |                     | 4.81      |
|                     |                     |                     |                     |                     |                     | 00:00:00  |
|                     |                     |                     |                     |                     |                     | 10,182.37 |



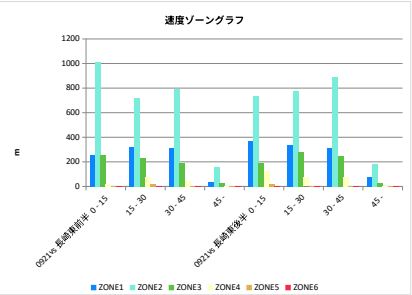
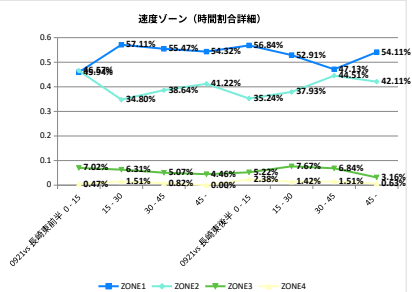
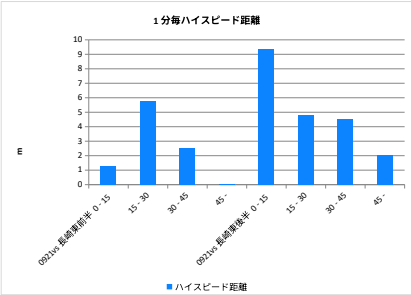
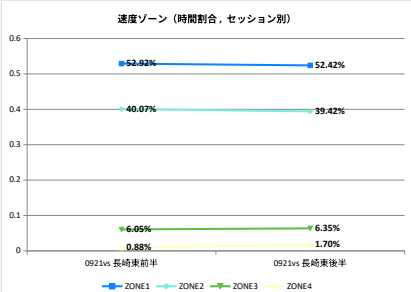


| 片山 諒也   | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %HR      | ハイスピード | スプリント回数     | スプリント回数     | スプリント回数     | スプリント回数     | スプリント回数     | スプリント回数     | 1分毎走行距離 | 平均速度   | 今回最高速度 | 高強度エフォート | 加速回数   | 加速回数  | 加速回数   | 加速回数max | 減速回数   | 減速回数                   | 減速回数                   | 減速回数max                | 3G-4G                  | 4G-5G                  | 5G-6G                  | 6G-7G                  | 7G-8G                  | 8G-                    | HMLD(m)                | HML/min                | HMLC                   | 消費カロリー                 |
|---------|---------------------|---------------------|--------------------|----------|----------|--------|-------------|-------------|-------------|-------------|-------------|-------------|---------|--------|--------|----------|--------|-------|--------|---------|--------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
|         |                     |                     |                    |          |          | 距離(m)  | (24.00km/h) | (20.00km/h) | (18.00km/h) | (24.00km/h) | (20.00km/h) | (18.00km/h) | 距離(m)   | (km/h) | (km/h) | 距離(m)    | (km/h) | 距離(m) | (km/h) | 距離(m)   | (km/h) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) | (2.5m/s <sup>2</sup> ) |
| 全体      | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 9,201.46 | 4.68%    | 430.25 | 1           | 15          | 30          | 8.06        | 210.84      | 430.25      | 96.22   | 5.77   | 24.64  | 194      | 8      | 30    | 93     | 3.49    | 9      | 40                     | 115                    | -4.99                  | 691                    | 256                    | 95                     | 44                     | 25                     | 12                     | 520.58                 | 5.44                   | 106                    | 706.4                  |
| 0921vs長 | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00           | 1,547.01 | 1.23%    | 19.01  | 0           | 0           | 3           | 0.00        | 0.00        | 19.01       | 103.13  | 6.19   | 19.33  | 21       | 1      | 5     | 17     | 3.07    | 1      | 7                      | 16                     | -3.70                  | 122                    | 44                     | 12                     | 2                      | 3                      | 2                      | 31.74                  | 2.12                   | 16                     | 118.7                  |
|         | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00           | 1,362.64 | 6.37%    | 86.81  | 1           | 2           | 7           | 8.06        | 33.74       | 86.81       | 90.84   | 5.45   | 24.64  | 23       | 1      | 6     | 16     | 3.13    | 3      | 10                     | 20                     | -3.75                  | 96                     | 31                     | 11                     | 3                      | 4                      | 0                      | 107.10                 | 7.14                   | 23                     | 109.9                  |
|         | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00           | 1,335.96 | 2.82%    | 37.64  | 0           | 2           | 3           | 0.00        | 23.70       | 37.64       | 89.06   | 5.35   | 22.55  | 15       | 1      | 4     | 12     | 3.20    | 2      | 6                      | 16                     | -3.27                  | 104                    | 21                     | 6                      | 1                      | 3                      | 2                      | 50.33                  | 3.36                   | 15                     | 103.6                  |
|         | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28           | 219.76   | 0.00%    | 0.00   | 0           | 0           | 0           | 0.00        | 0.00        | 0.00        | 89.09   | 5.36   | 17.13  | 1        | 0      | 0     | 2      | 2.28    | 0      | 0                      | 3                      | -2.41                  | 18                     | 7                      | 1                      | 0                      | 0                      | 0                      | 0.00                   | 0.00                   | 0                      | 16.6                   |
|         | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00           | 1,438.75 | 9.76%    | 140.40 | 0           | 5           | 7           | 0.00        | 91.21       | 140.40      | 95.92   | 5.75   | 24.37  | 48       | 1      | 5     | 12     | 3.30    | 0      | 3                      | 16                     | -2.77                  | 114                    | 50                     | 16                     | 17                     | 10                     | 4                      | 148.03                 | 9.87                   | 15                     | 112.4                  |
| 0921vs長 | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00           | 1,470.97 | 4.92%    | 72.38  | 0           | 3           | 4           | 0.00        | 39.26       | 72.38       | 98.06   | 5.89   | 23.74  | 42       | 2      | 5     | 16     | 3.49    | 3      | 8                      | 20                     | -4.99                  | 108                    | 53                     | 21                     | 12                     | 2                      | 2                      | 94.48                  | 6.30                   | 16                     | 110.7                  |
|         | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00           | 1,531.37 | 4.41%    | 67.60  | 0           | 3           | 5           | 0.00        | 22.93       | 67.60       | 102.09  | 6.13   | 22.98  | 43       | 2      | 5     | 17     | 3.18    | 0      | 5                      | 22                     | -2.90                  | 114                    | 48                     | 28                     | 9                      | 2                      | 2                      | 81.61                  | 5.44                   | 19                     | 111.8                  |
|         | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10           | 293.27   | 2.19%    | 6.41   | 0           | 0           | 1           | 0.00        | 0.00        | 6.41        | 92.61   | 5.56   | 19.35  | 1        | 0      | 0     | 1      | 2.06    | 0      | 1                      | 2                      | -2.67                  | 15                     | 2                      | 0                      | 0                      | 1                      | 0                      | 7.29                   | 2.30                   | 2                      | 22.7                   |
|         | 合計 (hh:mm:ss)       |                     |                    |          | 01:35:38 |        |             |             |             |             |             |             |         |        |        |          |        |       |        |         |        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |

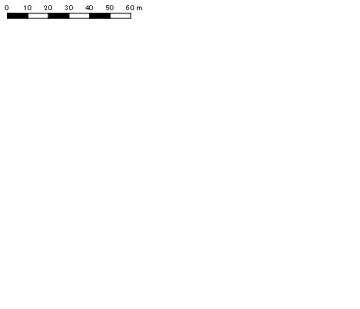
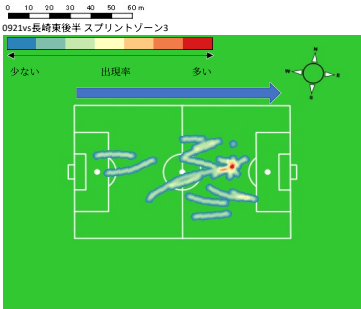
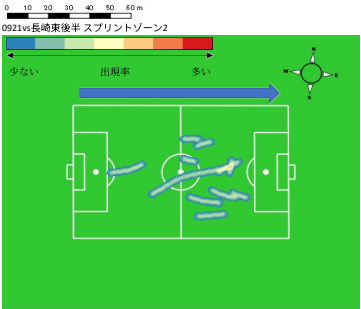
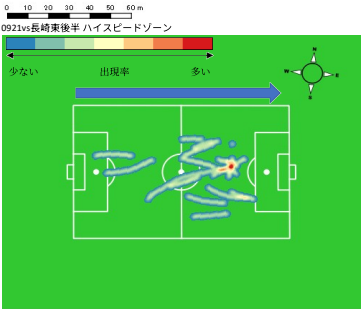
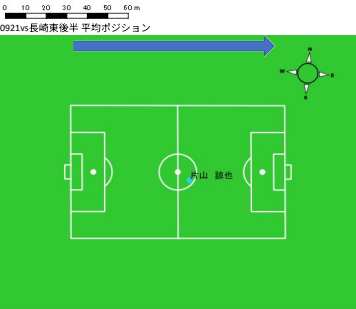
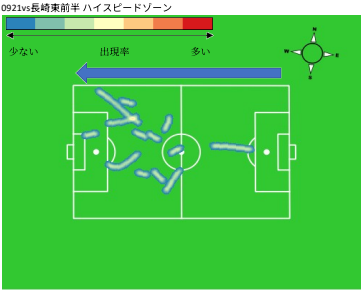
|         | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>グ<br>サード | ミヤル<br>サード | アタッキング<br>サード |
|---------|-------------------------------------------|------------|-----------------------|------------|---------------|
| 片山 諒也   |                                           |            |                       |            |               |
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 4.95%                 | 64.97%     | 30.07%        |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 6.88%                 | 69.94%     | 23.18%        |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 0.00%                 | 73.26%     | 26.74%        |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 4.83%                 | 59.18%     | 35.99%        |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 11.98%                | 73.10%     | 14.92%        |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            | 3.22%                 | 68.62%     | 28.16%        |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 3.52%                 | 75.36%     | 21.13%        |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 17.35%                | 50.44%     | 32.22%        |



| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計       |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|----------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h-           |          |
| 258.55              | 00:06:53            | 1,008.79            | 00:06:59            | 257.61              | 00:01:03            | 22.06    |
| 320.40              | 00:08:34            | 717.84              | 00:05:13            | 233.44              | 00:00:56            | 74.95    |
| 315.89              | 00:08:19            | 791.73              | 00:05:47            | 187.70              | 00:00:45            | 41.66    |
| 33.89               | 00:01:20            | 159.34              | 00:01:01            | 26.90               | 00:00:06            | 0.00     |
| 369.98              | 00:08:31            | 734.62              | 00:05:17            | 193.08              | 00:00:47            | 122.74   |
| 333.89              | 00:07:56            | 776.94              | 00:05:41            | 283.63              | 00:01:09            | 72.69    |
| 315.75              | 00:07:04            | 892.50              | 00:06:40            | 248.81              | 00:01:01            | 74.68    |
| 78.31               | 00:01:42            | 184.05              | 00:01:20            | 24.86               | 00:00:06            | 6.41     |
| 2,026.46            | 00:50:21            | 5,265.82            | 00:38:00            | 1,455.58            | 00:05:55            | 415.17   |
|                     |                     |                     |                     |                     |                     | 00:01:14 |
|                     |                     |                     |                     |                     |                     | 38.65    |
|                     |                     |                     |                     |                     |                     | 00:00:05 |
|                     |                     |                     |                     |                     |                     | 0.00     |
|                     |                     |                     |                     |                     |                     | 00:00:00 |
|                     |                     |                     |                     |                     |                     | 9,201.69 |



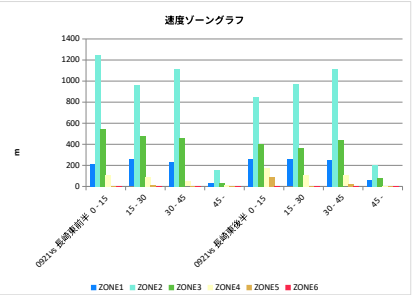
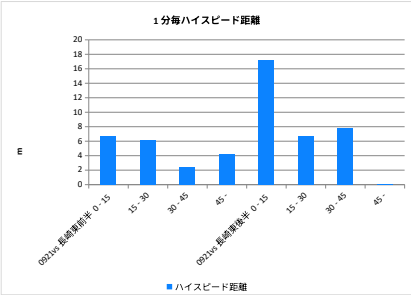
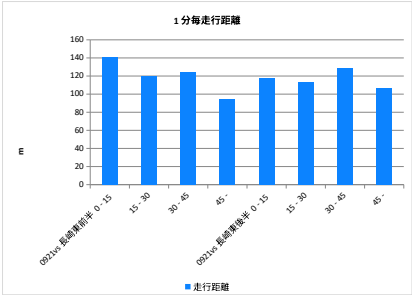
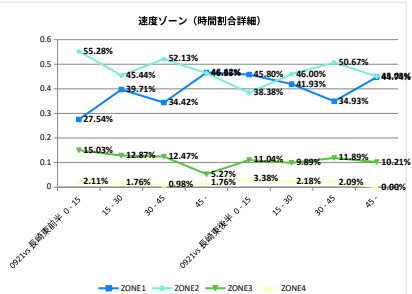
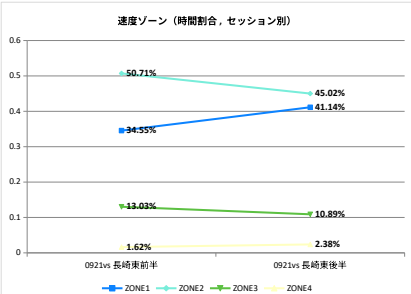
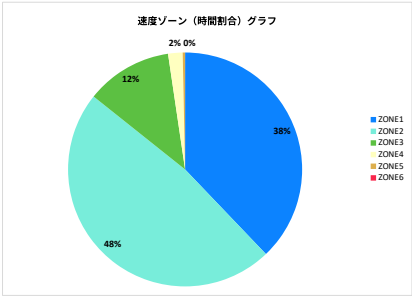


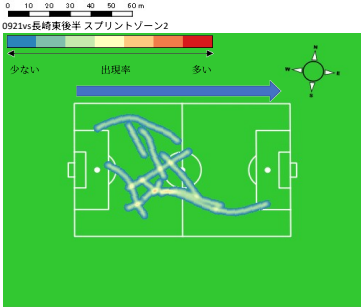
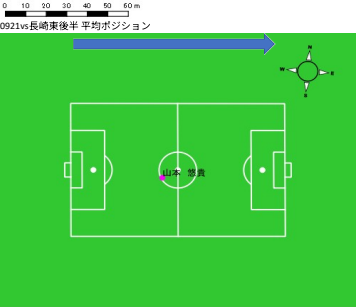


| 本番<br>練習 | 計画開始 (JST)          | 計画終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)   | %HR      | ハイスピード | スプリント回数    | スプリント回数    | スプリント回数    | スプリント回数 | スプリント回数    | 1分毎走行距離    | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート   | 加速回数      | 加速回数        | 加速回数          | 減速回数     | 減速回数 | 減速回数 | 減速回数 | 減速度max | 3G-4G | 4G-5G | 5G-6G | 6G-7G  | 7G-8G | 8G    | HMLD(m) | HML/min | HMLC  | 消費カロリー (kcal) |         |
|----------|---------------------|---------------------|--------------------|-----------|----------|--------|------------|------------|------------|---------|------------|------------|-------------|---------------|------------|-----------|-------------|---------------|----------|------|------|------|--------|-------|-------|-------|--------|-------|-------|---------|---------|-------|---------------|---------|
|          |                     |                     |                    |           |          | 距離(m)  | (24.0km/h) | (20.0km/h) | (18.0km/h) | 距離(m)   | (24.0km/h) | (20.0km/h) | (18.0km/h)  | (12.6km/h)    | (10.0km/h) | (7.5km/h) | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート | 加速回数 | 加速回数 | 加速回数 | 減速回数   | 減速回数  | 減速回数  | 減速回数  | 減速度max | 3G-4G | 4G-5G | 5G-6G   | 6G-7G   | 7G-8G | 8G            | HMLD(m) |
| 全体       | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 11,741.68 | 6.07%    | 713.07 | 5          | 19         | 40         | 70.29   | 399.74     | 713.07     | 122.78      | 7.37          | 25.81      | 469       | 8           | 42            | 130      | 3.40 | 29   | 72   | 186    | -4.26 | 1,125 | 569   | 238    | 108   | 48    | 33      | 879.06  | 9.19  | 168           | 805.1   |
| 0921vs長  | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00           | 2,118.30  | 4.71%    | 99.69  | 0          | 4          | 7          | 0.00    | 45.51      | 99.69      | 141.22      | 8.48          | 23.74      | 57        | 1           | 8             | 22       | 3.40 | 5    | 9    | 25     | -4.10 | 205   | 106   | 34     | 6     | 6     | 5       | 128.59  | 8.57  | 24            | 140.2   |
|          | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00           | 1,798.30  | 5.12%    | 92.02  | 1          | 3          | 7          | 10.93   | 43.48      | 92.02      | 119.89      | 7.20          | 25.06      | 61        | 4           | 8             | 22       | 3.25 | 4    | 11   | 34     | -4.26 | 171   | 89    | 25     | 16    | 5     | 6       | 121.39  | 8.09  | 28            | 124.5   |
|          | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00           | 1,856.00  | 1.90%    | 35.29  | 0          | 0          | 5          | 0.00    | 0.00       | 35.29      | 123.73      | 7.43          | 21.52      | 61        | 1           | 8             | 25       | 3.09 | 3    | 14   | 41     | -3.47 | 177   | 84    | 32     | 19    | 5     | 1       | 64.32   | 4.29  | 30            | 126.2   |
|          | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28           | 231.66    | 4.51%    | 10.44  | 0          | 0          | 1          | 0.00    | 0.00       | 10.44      | 93.92       | 5.64          | 19.11      | 8         | 0           | 2             | 4        | 2.80 | 1    | 2    | 5      | -3.78 | 16    | 7     | 4      | 2     | 1     | 0       | 18.13   | 7.35  | 6             | 16.2    |
|          | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00           | 1,771.46  | 14.56%   | 257.93 | 3          | 6          | 9          | 52.83   | 194.17     | 257.93     | 118.10      | 7.09          | 25.81      | 92        | 0           | 5             | 13       | 2.89 | 2    | 8    | 17     | -3.82 | 180   | 99    | 51     | 18    | 9     | 9       | 270.68  | 18.05 | 22            | 123.9   |
| 0921vs長  | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00           | 1,696.73  | 5.93%    | 100.65 | 0          | 3          | 7          | 0.00    | 53.02      | 100.65     | 113.12      | 6.79          | 23.19      | 83        | 2           | 7             | 19       | 3.17 | 7    | 14   | 32     | -3.89 | 156   | 79    | 43     | 19    | 8     | 4       | 132.08  | 8.81  | 30            | 119.8   |
|          | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00           | 1,927.74  | 6.07%    | 117.04 | 1          | 3          | 4          | 6.53    | 63.57      | 117.04     | 128.52      | 7.71          | 24.53      | 89        | 0           | 3             | 22       | 2.87 | 7    | 12   | 25     | -3.62 | 191   | 95    | 39     | 21    | 14    | 7       | 141.81  | 9.45  | 25            | 129.3   |
|          | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10           | 338.81    | 0.00%    | 0.00   | 0          | 0          | 0          | 0.00    | 0.00       | 0.00       | 106.99      | 6.42          | 17.84      | 18        | 0           | 1             | 3        | 2.58 | 0    | 2    | 7      | -2.77 | 29    | 10    | 10     | 7     | 0     | 1       | 2.06    | 0.65  | 3             | 25.0    |
|          | 合計 (hh:mm:ss)       |                     |                    |           | 01:35:38 |        |            |            |            |         |            |            |             |               |            |           |             |               |          |      |      |      |        |       |       |       |        |       |       |         |         |       |               |         |

| 山本 悠貴   | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング サード | ミヤル サード | アタッキング サード |
|---------|-------------------------------------------|------------|---------------|---------|------------|
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 | 16.72%     | 65.89%        | 17.39%  |            |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 | 21.60%     | 65.52%        | 12.88%  |            |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 | 18.58%     | 70.31%        | 11.11%  |            |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 | 0.00%      | 88.26%        | 11.74%  |            |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 | 52.61%     | 36.88%        | 10.52%  |            |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 | 20.12%     | 66.92%        | 12.96%  |            |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 | 34.16%     | 58.70%        | 7.14%   |            |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 | 41.79%     | 58.21%        | 0.00%   |            |

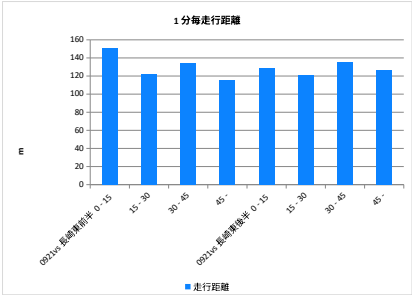
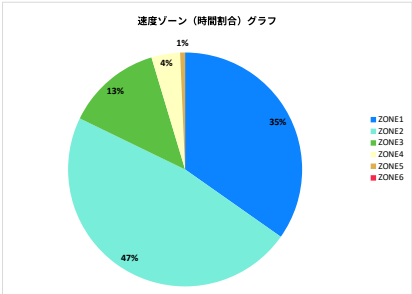
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計        |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|-----------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h-           |           |
| 217.38              | 00:04:07 1,246.89   | 00:08:17 545.07     | 00:02:15 106.34     | 00:00:19 2.63       | 00:00:00 0.00       | 2,118.30  |
| 255.22              | 00:05:57 965.49     | 00:06:49 476.83     | 00:01:55 88.00      | 00:00:15 13.53      | 00:00:02 0.00       | 1,799.07  |
| 233.10              | 00:05:09 1,114.16   | 00:07:49 462.86     | 00:01:52 46.52      | 00:00:09 0.00       | 00:00:00 0.00       | 1,856.64  |
| 29.94               | 00:01:09 152.48     | 00:01:08 36.07      | 00:00:07 13.39      | 00:00:02 0.00       | 00:00:00 0.00       | 231.88    |
| 257.87              | 00:06:52 848.67     | 00:05:45 404.92     | 00:01:39 174.34     | 00:00:30 85.65      | 00:00:12 0.00       | 1,771.46  |
| 255.59              | 00:06:17 970.16     | 00:06:54 361.48     | 00:01:29 109.50     | 00:00:19 0.00       | 00:00:00 0.00       | 1,696.73  |
| 250.79              | 00:05:14 1,111.46   | 00:07:36 437.00     | 00:01:47 104.04     | 00:00:18 25.01      | 00:00:03 0.00       | 1,928.29  |
| 57.54               | 00:01:25 201.59     | 00:01:25 80.17      | 00:00:19 0.00       | 00:00:00 0.00       | 00:00:00 0.00       | 339.30    |
| 1,557.43            | 00:36:13 6,610.91   | 00:45:45 2,804.40   | 00:11:25 642.13     | 00:01:55 126.82     | 00:00:18 0.00       | 11,741.68 |



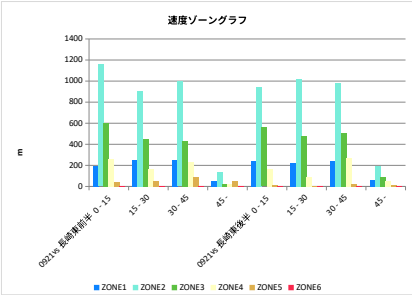
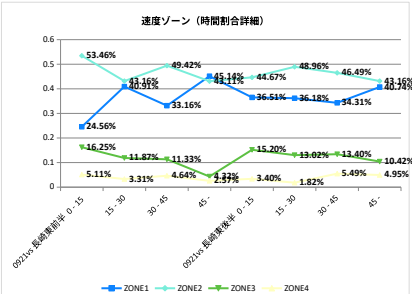
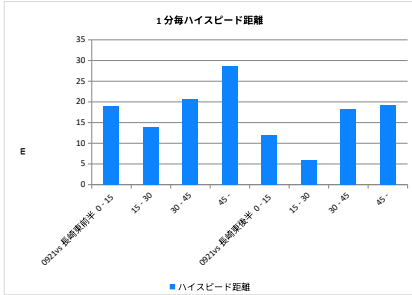
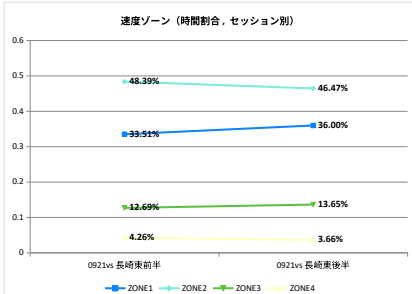


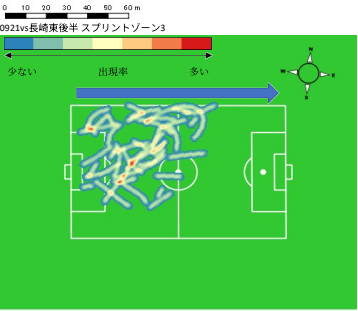
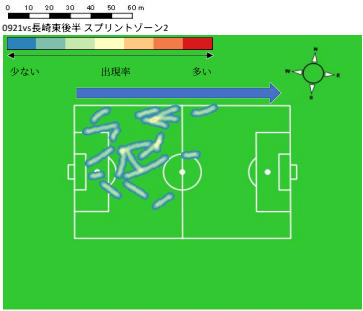
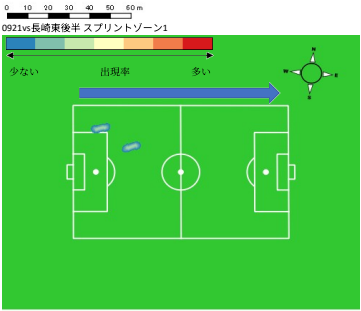
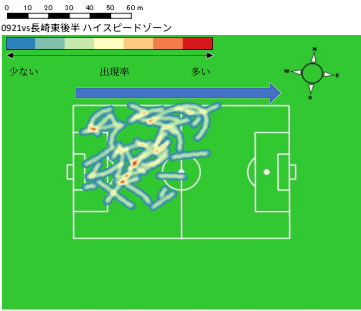
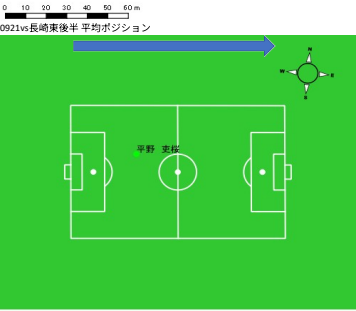
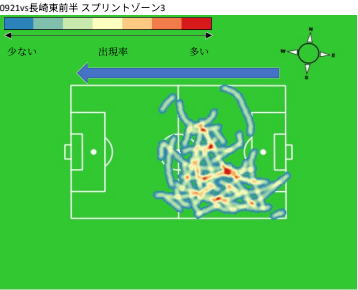
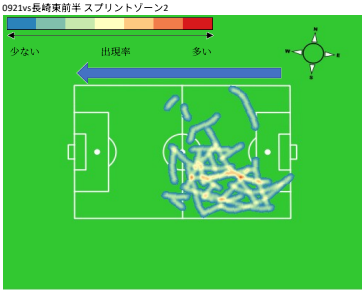
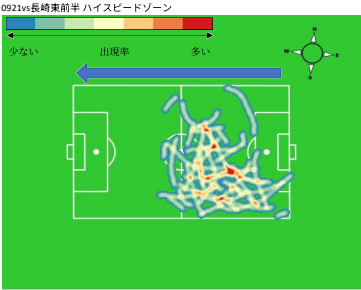
| 平野 史 桜        | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間 (hh:mm:ss) | 走行距離(m)   | %HR    | ハイスピード<br>距離(m) | スプリント回数 | スプリント回数 | スプリント回数 | スプリント回数 | スプリント<br>距離(m) | スプリント<br>距離(m) | スプリント<br>距離(m) | 1分毎走行距離<br>(m) | 平均速度 (km/h) | 今回最高速度<br>(km/h) | 高強度<br>エフォート | 加減回数<br>(3.0m/s²) | 加減回数<br>(2.5m/s²) | 加減回数<br>(2.0m/s²) | 加減回数<br>(3.0m/s²) | 加減回数<br>(2.5m/s²) | 加減回数<br>(2.0m/s²) | 減速度max<br>(2.0m/s²) | 減速度max<br>(3.0m/s²) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G-      | HMLD(m) | HML/min | HMLC  | 消費カロリー<br>(kcal) |       |
|---------------|---------------------|---------------------|-----------------|-----------|--------|-----------------|---------|---------|---------|---------|----------------|----------------|----------------|----------------|-------------|------------------|--------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|---------------------|---------------------|-------|-------|-------|-------|-------|----------|---------|---------|-------|------------------|-------|
|               |                     |                     |                 |           |        |                 | 距離(m)   | 距離(m)   | 距離(m)   | 距離(m)   | 距離(m)          | 距離(m)          | 距離(m)          | 距離(m)          | 距離(m)       | 距離(m)            | 距離(m)        | 距離(m)             | 距離(m)             | 距離(m)             | 距離(m)             | 距離(m)             | 距離(m)             | 距離(m)               | 距離(m)               | 距離(m) | 距離(m) | 距離(m) | 距離(m) | 距離(m) | 距離(m)    | 距離(m)   | 距離(m)   | 距離(m) | 距離(m)            | 距離(m) |
| 全体            | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27        | 12,554.81 | 11.76% | 1,475.83        | 12      | 54      | 91      | 194.73  | 825.04         | 1,475.83       | 131.28         | 7.88           | 27.54       | 1,014            | 12           | 54                | 165               | 3.60              | 35                | 82                | 211               | -4.47               | 1,470               | 865   | 489   | 231   | 138   | 97    | 1,698.88 | 17.76   | 228     | 831.6 |                  |       |
| 0921vs長       | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00        | 2,257.23  | 12.61% | 284.67          | 2       | 14      | 18      | 26.94   | 184.61         | 284.67         | 150.48         | 9.03           | 26.27       | 165              | 0            | 9                 | 34                | 2.95              | 3                 | 16                | 36                | -3.22               | 292                 | 169   | 80    | 36    | 21    | 23    | 321.40   | 21.43   | 44      | 145.9 |                  |       |
|               | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00        | 1,824.98  | 11.45% | 208.93          | 3       | 8       | 14      | 40.42   | 126.76         | 208.93         | 121.67         | 7.30           | 27.19       | 142              | 0            | 5                 | 16                | 2.63              | 2                 | 6                 | 24                | -3.56               | 192                 | 113   | 72    | 39    | 16    | 10    | 227.02   | 15.13   | 25      | 122.3 |                  |       |
|               | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00        | 2,007.70  | 15.47% | 310.59          | 3       | 10      | 14      | 64.41   | 211.42         | 310.59         | 133.85         | 8.03           | 27.41       | 181              | 4            | 15                | 32                | 3.20              | 5                 | 13                | 33                | -4.36               | 232                 | 121   | 83    | 34    | 28    | 24    | 360.38   | 24.03   | 42      | 135.0 |                  |       |
|               | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28        | 286.14    | 24.68% | 70.61           | 2       | 2       | 2       | 49.07   | 65.40          | 70.61          | 116.00         | 6.96           | 27.54       | 32               | 0            | 0                 | 3                 | 2.49              | 3                 | 3                 | 6                 | -4.09               | 24                  | 15    | 12    | 3     | 5     | 7     | 82.54    | 33.46   | 4       | 20.6  |                  |       |
| 0921vs長       | 2025/09/21 15:42:49 | 2025/09/21 15:57:49 | 00:15:00        | 1,933.40  | 9.19%  | 177.68          | 0       | 6       | 14      | 0.00    | 65.69          | 177.68         | 128.89         | 7.73           | 24.47       | 145              | 4            | 7                 | 19                | 3.50              | 9                 | 12                | 27                | -3.53               | 256                 | 145   | 70    | 35    | 17    | 10    | 210.69   | 14.05   | 29      | 128.3 |                  |       |
|               | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00        | 1,815.58  | 4.88%  | 88.69           | 0       | 3       | 8       | 0.00    | 29.79          | 88.69          | 121.04         | 7.26           | 23.63       | 134              | 1            | 4                 | 27                | 3.17              | 6                 | 12                | 34                | -4.47               | 226                 | 134   | 65    | 34    | 19    | 9     | 112.01   | 7.47    | 24      | 121.1 |                  |       |
|               | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00        | 2,025.71  | 13.52% | 273.96          | 1       | 8       | 17      | 6.97    | 105.12         | 273.96         | 135.05         | 8.11           | 24.91       | 170              | 2            | 12                | 26                | 3.60              | 5                 | 16                | 40                | -3.34               | 215                 | 146   | 84    | 43    | 24    | 11    | 313.54   | 20.90   | 50      | 132.4 |                  |       |
|               | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10        | 399.90    | 15.18% | 60.70           | 1       | 3       | 4       | 6.92    | 36.26          | 60.70          | 126.28         | 7.58           | 25.03       | 45               | 1            | 2                 | 8                 | 3.53              | 2                 | 4                 | 10                | -3.14               | 33                  | 22    | 23    | 7     | 8     | 3     | 71.31    | 22.52   | 10      | 26.1  |                  |       |
| 合計 (hh:mm:ss) |                     |                     | 01:35:38        |           |        |                 |         |         |         |         |                |                |                |                |             |                  |              |                   |                   |                   |                   |                   |                   |                     |                     |       |       |       |       |       |          |         |         |       |                  |       |

| 平野 史 桜  | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>グ<br>サード | ミヤル<br>サード | アタッキング<br>サード |
|---------|-------------------------------------------|------------|-----------------------|------------|---------------|
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 51.41%                | 43.09%     | 5.50%         |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 61.41%                | 35.62%     | 2.96%         |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 49.55%                | 50.45%     | 0.00%         |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 59.93%                | 40.07%     | 0.00%         |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 71.94%                | 25.08%     | 2.98%         |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            | 44.33%                | 50.98%     | 4.69%         |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 68.17%                | 31.06%     | 0.77%         |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 67.16%                | 32.84%     | 0.00%         |



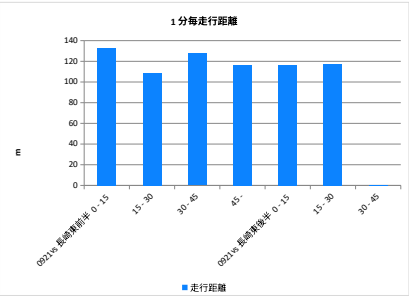
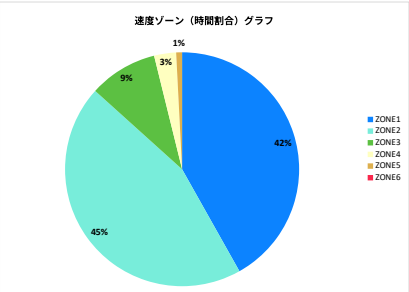
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計        |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|-----------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h-           |           |
| 192.90              | 00:03:41            | 1,157.60            | 00:08:01            | 606.16              | 00:02:26            | 261.54    |
| 253.47              | 00:06:08            | 905.76              | 00:06:28            | 450.34              | 00:01:46            | 167.73    |
| 252.52              | 00:04:58            | 996.11              | 00:07:24            | 433.44              | 00:01:42            | 235.77    |
| 52.56               | 00:01:06            | 132.88              | 00:01:03            | 26.80               | 00:00:06            | 21.51     |
| 244.43              | 00:05:28            | 946.98              | 00:06:42            | 559.15              | 00:02:16            | 169.43    |
| 220.49              | 00:05:25            | 1,023.53            | 00:07:20            | 479.02              | 00:01:57            | 91.59     |
| 240.22              | 00:05:08            | 985.62              | 00:06:58            | 508.53              | 00:02:00            | 272.48    |
| 62.61               | 00:01:17            | 190.71              | 00:01:22            | 85.92               | 00:00:19            | 52.03     |
| 1,519.20            | 00:33:14            | 6,339.20            | 00:45:21            | 3,149.35            | 00:12:35            | 1,272.09  |
|                     |                     |                     |                     |                     |                     | 274.96    |
|                     |                     |                     |                     |                     |                     | 00:00:39  |
|                     |                     |                     |                     |                     |                     | 0.00      |
|                     |                     |                     |                     |                     |                     | 00:00:00  |
|                     |                     |                     |                     |                     |                     | 12,554.81 |



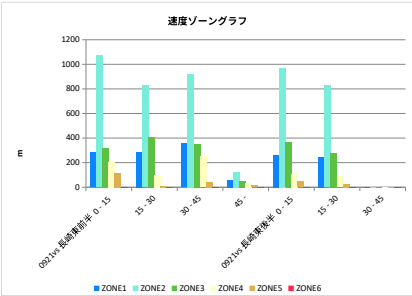
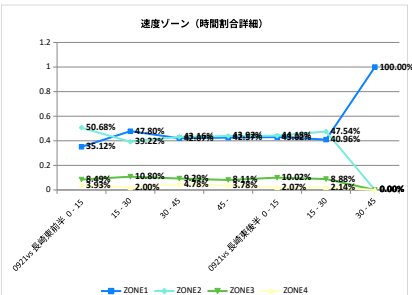
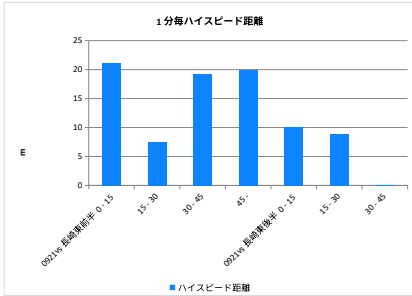
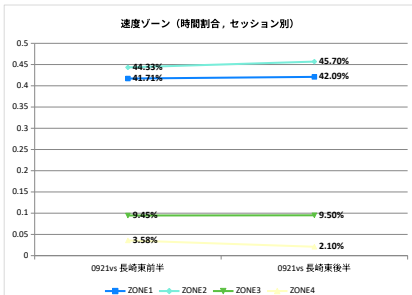


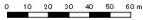
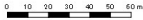
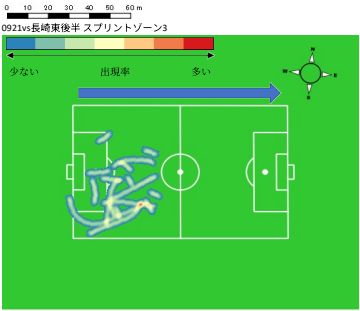
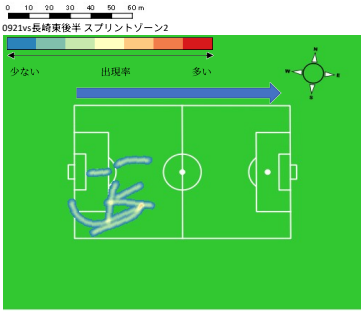
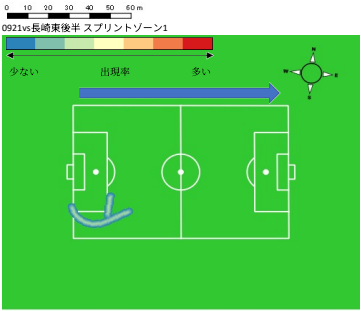
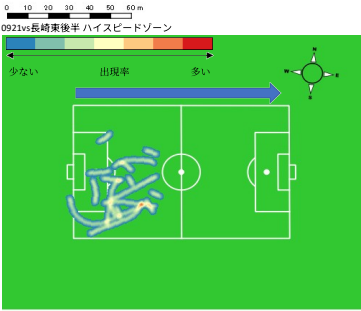
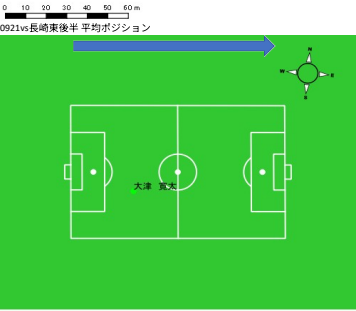
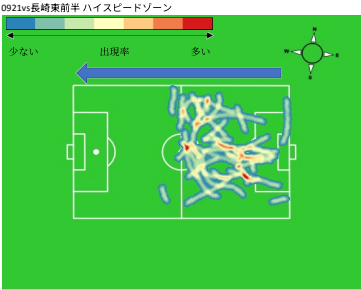
| 大津 寛太   | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間 (hh:mm:ss) | 走行距離(m)  | %HR    | ハイスピード   | スプリント回数 | スプリント回数 | スプリント回数 | スプリント回数 | スプリント回数 | 1分毎走行距離(m) | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート | 加減回数 (3.0m/s^2) | 加減回数 (2.5m/s^2) | 加減回数 (2.0m/s^2) | 加減回数max (3.0m/s^2) | 減速回数 (3.0m/s^2) | 減速回数 (2.5m/s^2) | 減速回数 (2.0m/s^2) | 減速回数max (m/s^2) | 3G-4G | 4G-5G | 5G-6G | インパクト回数 | 6G-7G | 7G-8G | 8G- | HMLD(m)  | HML/min | HMLC | 消費カロリー (kcal) |
|---------|---------------------|---------------------|-----------------|----------|--------|----------|---------|---------|---------|---------|---------|------------|-------------|---------------|----------|-----------------|-----------------|-----------------|--------------------|-----------------|-----------------|-----------------|-----------------|-------|-------|-------|---------|-------|-------|-----|----------|---------|------|---------------|
| 全体      | 2025/09/21 14:40:32 | 2025/09/21 16:10:17 | 01:29:45        | 9,032.74 | 11.38% | 1,027.94 | 12      | 35      | 58      | 180.52  | 677.89  | 1,027.94   | 100.44      | 7.23          | 28.58    | 306             | 15              | 41              | 127                | 3.41            | 35              | 84              | 180             | -5.04 | 598   | 282   | 129     | 60    | 25    | 30  | 1,172.04 | 13.03   | 162  | 645.8         |
| 0921vs長 | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00        | 1,988.69 | 15.94% | 317.00   | 5       | 10      | 14      | 90.29   | 241.95  | 317.00     | 132.58      | 7.96          | 28.58    | 80              | 4               | 6               | 28                 | 3.23            | 8               | 19              | 51              | -5.04 | 136   | 66    | 33      | 15    | 10    | 5   | 347.49   | 23.17   | 32   | 134.9         |
|         | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00        | 1,631.58 | 6.87%  | 112.13   | 1       | 4       | 8       | 8.40    | 48.08   | 112.13     | 108.77      | 6.53          | 25.36    | 47              | 3               | 12              | 23                 | 3.38            | 4               | 14              | 29              | -4.02 | 105   | 60    | 18      | 10    | 2     | 9   | 135.83   | 9.06    | 31   | 131.2         |
|         | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00        | 1,913.97 | 15.07% | 288.45   | 4       | 12      | 17      | 36.50   | 190.97  | 288.45     | 127.60      | 7.66          | 26.89    | 80              | 4               | 10              | 27                 | 3.41            | 12              | 22              | 41              | -4.35 | 118   | 62    | 31      | 16    | 5     | 8   | 326.27   | 21.75   | 42   | 133.9         |
|         | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28        | 286.95   | 17.10% | 49.08    | 0       | 2       | 2       | 0.00    | 40.58   | 49.08      | 116.33      | 6.99          | 24.17    | 14              | 0               | 0               | 4                  | 2.14            | 2               | 3               | 6               | -4.14 | 11    | 8     | 6       | 2     | 1     | 3   | 54.16    | 21.96   | 4    | 21.4          |
| 0921vs長 | 2025/09/21 15:42:49 | 2025/09/21 15:57:49 | 00:15:00        | 1,748.37 | 8.63%  | 150.95   | 1       | 4       | 9       | 34.32   | 98.84   | 150.95     | 116.56      | 6.99          | 26.72    | 43              | 2               | 10              | 26                 | 3.06            | 5               | 16              | 28              | -3.92 | 130   | 57    | 18      | 11    | 3     | 3   | 178.91   | 11.93   | 31   | 122.8         |
|         | 2025/09/21 15:57:49 | 2025/09/21 16:10:17 | 00:12:28        | 1,461.32 | 7.55%  | 110.33   | 1       | 3       | 8       | 11.01   | 57.47   | 110.33     | 117.22      | 7.03          | 25.07    | 42              | 2               | 3               | 19                 | 3.21            | 4               | 10              | 25              | -4.92 | 98    | 29    | 23      | 6     | 4     | 2   | 129.38   | 10.38   | 22   | 101.6         |
|         | 2025/09/21 16:10:17 | 2025/09/21 16:25:17 | 00:15:00        | 0.00     | 0.00%  | 0.00     | 0       | 0       | 0       | 0.00    | 0.00    | 0.00       | 0.00        | 0.00          | 0.00     | 0               | 0               | 0               | 0                  | 0.00            | 0               | 0               | 0               | 0.00  | 0     | 0     | 0       | 0     | 0     | 0   | 0.00     | 0.00    | 0    | 0.0           |
|         | 合計 (hh:mm:ss)       |                     | 01:29:56        |          |        |          |         |         |         |         |         |            |             |               |          |                 |                 |                 |                    |                 |                 |                 |                 |       |       |       |         |       |       |     |          |         |      |               |

| 大津 寛太   | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>サイド | ミドル<br>サイド | アタッキング<br>サイド |
|---------|-------------------------------------------|------------|------------------|------------|---------------|
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 54.43%           | 44.92%     | 0.64%         |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 64.07%           | 33.02%     | 2.91%         |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 52.87%           | 47.13%     | 0.00%         |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 44.31%           | 55.69%     | 0.00%         |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 79.90%           | 19.24%     | 0.86%         |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:10:16 |            | 42.78%           | 54.64%     | 2.59%         |
|         | 2025/09/21 16:10:17 - 2025/09/21 16:25:16 |            | 0.00%            | 0.00%      | 0.00%         |
|         |                                           |            |                  |            |               |



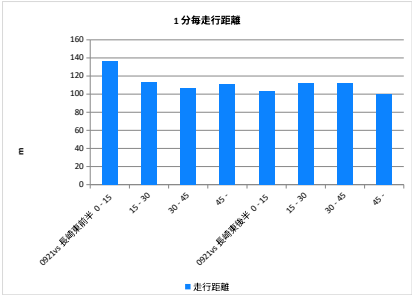
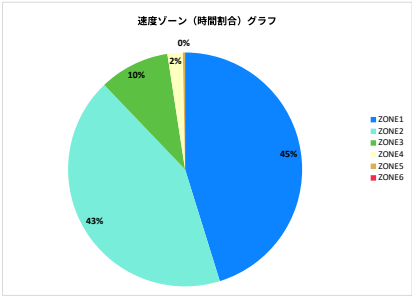
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計     |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|--------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h-           |        |
| 281.60              | 00:05:16            | 1,070.51            | 00:07:36            | 317.55              | 00:01:16            | 203.29 |
| 288.26              | 00:07:10            | 828.59              | 00:05:53            | 402.89              | 00:01:37            | 101.08 |
| 355.39              | 00:06:18            | 920.69              | 00:06:28            | 345.97              | 00:01:23            | 248.40 |
| 40.26               | 00:01:03            | 125.15              | 00:01:05            | 52.89               | 00:00:12            | 33.05  |
| 260.71              | 00:06:27            | 970.84              | 00:06:37            | 365.87              | 00:01:30            | 105.73 |
| 244.68              | 00:05:06            | 829.05              | 00:05:55            | 274.57              | 00:01:06            | 88.97  |
| 0.00                | 00:00:00            | 0.00                | 00:00:00            | 0.00                | 00:00:00            | 0.00   |
| 1,490.92            | 00:31:21            | 4,744.83            | 00:33:35            | 1,759.75            | 00:07:05            | 780.52 |



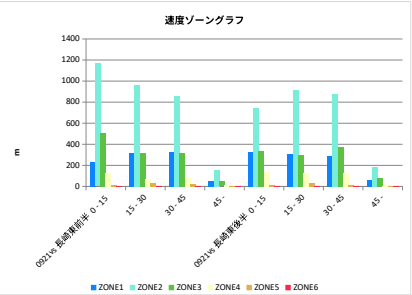
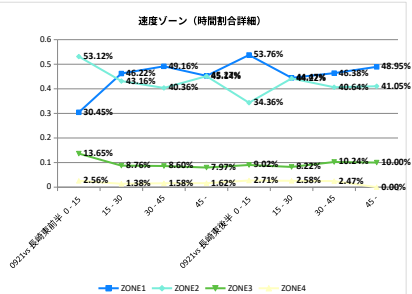
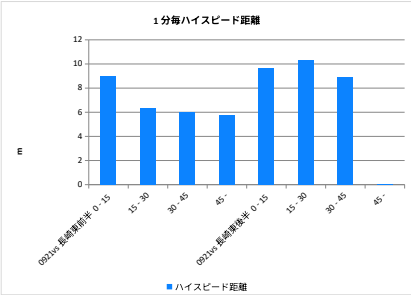
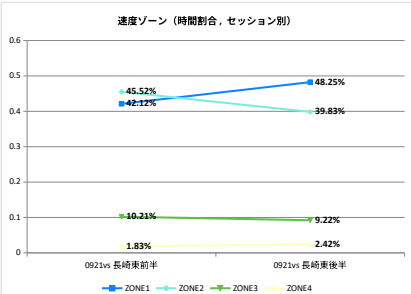


| 大川 橋          | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間 (hh:mm:ss) | 走行距離(m)   | %HR   | ハイスピード距離(m) | スプリント回数 (24.0km/h) | スプリント回数 (20.0km/h) | スプリント回数 (18.0km/h) | スプリント回数 (24.0km/h) | スプリント回数 (20.0km/h) | スプリント回数 (18.0km/h) | 1分毎走行距離 (m) | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート | 加速回数 (3.0m/s²) | 加速回数 (2.5m/s²) | 加速回数 (2.0m/s²) | 加速max (3.0m/s²) | 減速回数 (2.5m/s²) | 減速回数 (2.0m/s²) | 減速max (m/s²) | 3G-4G | 4G-5G | インパクト回数 |       |     |     | 8G- | HMLD(m) | HML/min | HMLC | 消費カロリー (kcal) |
|---------------|---------------------|---------------------|-----------------|-----------|-------|-------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------------|-------------|---------------|----------|----------------|----------------|----------------|-----------------|----------------|----------------|--------------|-------|-------|---------|-------|-----|-----|-----|---------|---------|------|---------------|
|               |                     |                     |                 |           |       |             |                    |                    |                    |                    |                    |                    |             |             | 5G-6G         |          |                |                |                |                 |                |                |              |       |       | 6G-7G   | 7G-8G | 8G  |     |     |         |         |      |               |
| 全体            | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27        | 10,869.63 | 7.07% | 768.81      | 8                  | 31                 | 50                 | 83.86              | 417.67             | 768.81             | 113.66      | 6.82        | 26.89         | 1,136    | 16             | 60             | 190            | 3.86            | 44             | 108            | 240          | -4.73 | 1,178 | 939     | 540   | 286 | 146 | 96  | 962.95  | 10.07   | 216  | 805.1         |
| 0921vs長       | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00        | 2,049.45  | 6.61% | 135.39      | 1                  | 7                  | 11                 | 7.07               | 76.59              | 135.39             | 136.63      | 8.20        | 25.75         | 250      | 6              | 12             | 43             | 3.33            | 10             | 24             | 49           | -4.04 | 247   | 207     | 122   | 65  | 31  | 15  | 178.18  | 11.88   | 50   | 134.0         |
|               | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00        | 1,705.27  | 5.59% | 95.24       | 2                  | 3                  | 7                  | 25.74              | 52.95              | 95.24              | 113.68      | 6.82        | 26.87         | 197      | 2              | 8              | 31             | 3.86            | 8              | 21             | 44           | -4.73 | 194   | 154     | 98    | 48  | 22  | 17  | 123.97  | 8.26    | 37   | 121.2         |
|               | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00        | 1,598.07  | 5.65% | 90.26       | 1                  | 4                  | 4                  | 14.78              | 61.89              | 90.26              | 106.54      | 6.40        | 26.89         | 136      | 2              | 5              | 28             | 3.77            | 7              | 16             | 34           | -4.39 | 163   | 119     | 56    | 32  | 20  | 18  | 120.90  | 8.06    | 25   | 122.4         |
|               | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28        | 274.63    | 5.13% | 14.10       | 0                  | 1                  | 1                  | 0.00               | 9.89               | 14.10              | 111.34      | 6.68        | 22.80         | 18       | 0              | 0              | 1              | 2.35            | 0              | 0              | 4            | -2.31 | 29    | 20      | 10    | 4   | 2   | 2   | 14.10   | 5.72    | 1    | 21.2          |
| 0921vs長       | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00        | 1,550.12  | 9.33% | 144.68      | 1                  | 5                  | 10                 | 8.44               | 53.70              | 144.68             | 103.34      | 6.20        | 26.04         | 158      | 2              | 10             | 22             | 3.78            | 7              | 13             | 26           | -4.19 | 151   | 136     | 85    | 37  | 14  | 12  | 171.61  | 11.44   | 28   | 129.3         |
|               | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00        | 1,683.24  | 9.23% | 155.30      | 2                  | 6                  | 8                  | 21.10              | 87.71              | 155.30             | 112.22      | 6.73        | 26.44         | 165      | 1              | 11             | 31             | 3.01            | 6              | 15             | 35           | -4.37 | 180   | 134     | 75    | 41  | 23  | 17  | 186.94  | 12.46   | 32   | 127.4         |
|               | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00        | 1,687.73  | 7.93% | 133.84      | 1                  | 5                  | 9                  | 6.73               | 69.94              | 133.84             | 112.52      | 6.75        | 24.92         | 183      | 3              | 12             | 31             | 3.09            | 6              | 18             | 38           | -4.12 | 183   | 148     | 82    | 50  | 26  | 15  | 165.39  | 11.03   | 40   | 126.2         |
|               | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10        | 318.17    | 0.00% | 0.00        | 0                  | 0                  | 0                  | 0.00               | 0.00               | 0.00               | 100.47      | 6.03        | 17.28         | 29       | 0              | 2              | 3              | 2.66            | 0              | 1              | 10           | -2.53 | 31    | 21      | 12    | 9   | 8   | 0   | 1.86    | 0.59    | 3    | 23.5          |
| 合計 (hh:mm:ss) |                     |                     | 01:35:38        |           |       |             |                    |                    |                    |                    |                    |                    |             |             |               |          |                |                |                |                 |                |                |              |       |       |         |       |     |     |     |         |         |      |               |

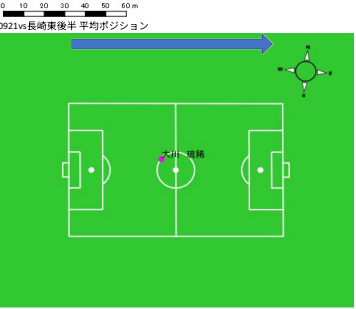
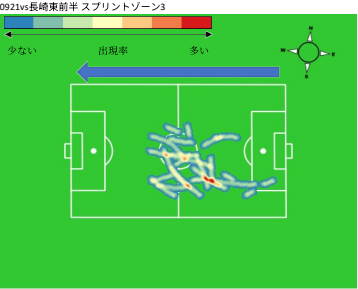
|         | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>グ<br>サード | ミヤル<br>サード | アタッキング<br>サード |
|---------|-------------------------------------------|------------|-----------------------|------------|---------------|
| 大川 琉稀   |                                           |            |                       |            |               |
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 24.64%                | 60.84%     | 14.53%        |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 26.27%                | 58.93%     | 14.80%        |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 10.96%                | 76.64%     | 12.42%        |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 16.70%                | 75.04%     | 8.26%         |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 44.66%                | 48.42%     | 6.92%         |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            | 17.43%                | 67.73%     | 14.85%        |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 24.58%                | 70.68%     | 4.74%         |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 43.53%                | 48.43%     | 8.04%         |



| ZONE1 (m, h:mm:ss) | ZONE2 (m, h:mm:ss) | ZONE3 (m, h:mm:ss) | ZONE4 (m, h:mm:ss) | ZONE5 (m, h:mm:ss) | ZONE6 (m, h:mm:ss) | 合計        |
|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-----------|
| 5.4km/h            | 5.4km/h-12.6km/h   | 12.6km/h-18.0km/h  | 18.0km/h-23.4km/h  | 23.4km/h-28.8km/h  | 28.8km/h-          |           |
| 232.76             | 00:04:34           | 1,166.98           | 00:07:58           | 505.64             | 00:02:02           | 130.24    |
| 321.63             | 00:06:56           | 964.46             | 00:06:28           | 320.60             | 00:01:18           | 68.33     |
| 328.88             | 00:07:22           | 856.04             | 00:06:03           | 314.74             | 00:01:17           | 79.34     |
| 56.18              | 00:01:07           | 157.87             | 00:01:06           | 47.12              | 00:00:11           | 14.10     |
| 326.80             | 00:08:03           | 743.13             | 00:05:09           | 335.63             | 00:01:21           | 134.99    |
| 305.22             | 00:06:40           | 918.27             | 00:06:38           | 298.45             | 00:01:14           | 129.54    |
| 292.36             | 00:06:57           | 877.97             | 00:06:05           | 377.12             | 00:01:32           | 124.57    |
| 57.25              | 00:01:33           | 182.66             | 00:01:18           | 78.44              | 00:00:19           | 0.00      |
| 1,921.08           | 00:43:13           | 5,867.38           | 00:40:47           | 2,277.75           | 00:09:17           | 681.11    |
|                    |                    |                    |                    |                    | 00:02:01           | 122.44    |
|                    |                    |                    |                    |                    | 00:00:17           | 0.00      |
|                    |                    |                    |                    |                    | 00:00:00           | 0.00      |
|                    |                    |                    |                    |                    | 00:00:00           | 10,869.75 |

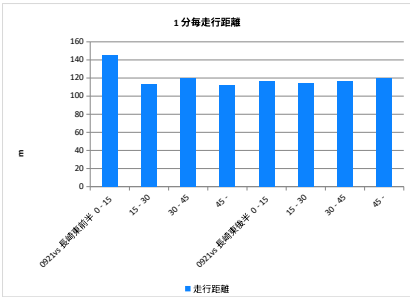
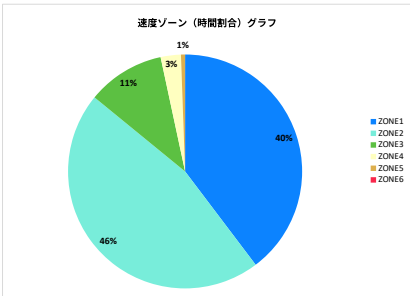




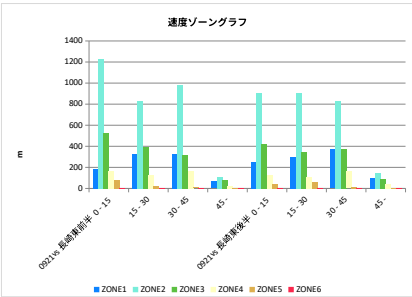
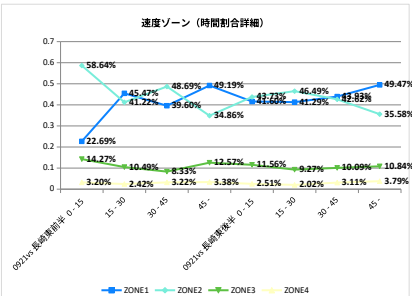
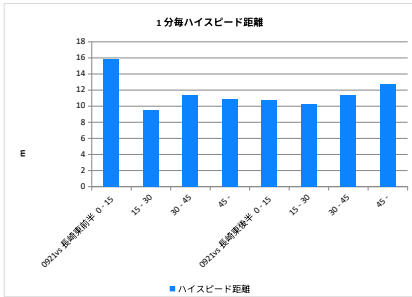
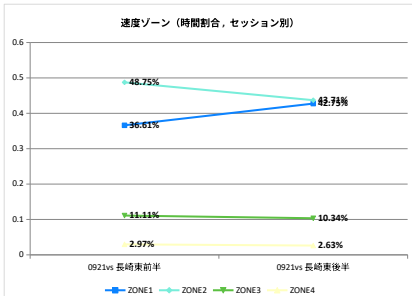


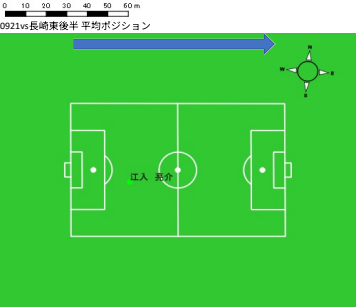
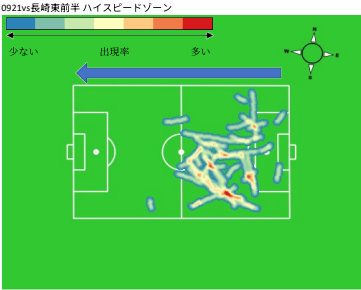
| 入<br>力<br>全<br>体 | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)   | %HR      | ハイスピード<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | スプリント回数<br>(16.00km/h) | 1分毎走行距離<br>(m) | 平均速度<br>(km/h) | 今回最高速度 | 高強度<br>エフォート | 加速回数<br>(3.0m/s²) | 加速回数<br>(2.5m/s²) | 加速回数<br>(2.0m/s²) | 加速回数max<br>(3.0m/s²) | 減速回数<br>(3.0m/s²) | 減速回数<br>(2.5m/s²) | 減速回数<br>(2.0m/s²) | 減速回数max<br>(m/s²) | 3G-4G | 4G-5G | 5G-6G通信回数 |       |     |     | 8G- | HMLD(m) | HML/min  | HMLC  | 消費カロリー |       |
|------------------|---------------------|---------------------|--------------------|-----------|----------|-----------------|------------------------|------------------------|------------------------|------------------------|----------------|----------------|--------|--------------|-------------------|-------------------|-------------------|----------------------|-------------------|-------------------|-------------------|-------------------|-------|-------|-----------|-------|-----|-----|-----|---------|----------|-------|--------|-------|
|                  |                     |                     |                    |           |          |                 |                        |                        |                        |                        |                |                | (km/h) |              |                   |                   |                   |                      |                   |                   |                   |                   |       |       | 6G-7G     | 7G-8G | 8G+ |     |     |         |          |       |        |       |
| 全体               | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27           | 11,562.20 | 9.54%    | 1,103.18        | 8                      | 43                     | 72                     | 142.56                 | 653.81         | 1,103.18       | 120.90 | 7.25         | 27.99             | 555               | 20                | 74                   | 197               | 3.77              | 43                | 103               | 262   | -4.93 | 1,145     | 704   | 297 | 106 | 42  | 39      | 1,310.91 | 13.71 | 231    | 872.8 |
| 0921vs長          | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00           | 2,182.62  | 10.88%   | 237.51          | 2                      | 8                      | 15                     | 58.87                  | 149.40         | 237.51         | 145.51 | 8.73         | 27.99             | 104               | 1                 | 10                   | 35                | 3.02              | 6                 | 17                | 40    | -4.51 | 267       | 134   | 61  | 20  | 8   | 6       | 275.36   | 18.36 | 36     | 152.3 |
|                  | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00           | 1,696.49  | 8.43%    | 143.03          | 1                      | 8                      | 9                      | 18.97                  | 100.26         | 143.03         | 113.10 | 6.79         | 27.59             | 84                | 2                 | 6                    | 26                | 3.18              | 6                 | 15                | 44    | -3.59 | 151       | 113   | 50  | 16  | 6   | 3       | 168.26   | 11.22 | 31     | 129.9 |
|                  | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00           | 1,801.10  | 9.47%    | 170.53          | 0                      | 6                      | 12                     | 0.00                   | 77.35          | 170.53         | 120.07 | 7.21         | 24.33             | 87                | 4                 | 9                    | 33                | 3.77              | 5                 | 11                | 31    | -3.56 | 175       | 108   | 46  | 14  | 8   | 10      | 195.38   | 13.03 | 32     | 135.1 |
|                  | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28           | 276.55    | 9.70%    | 26.83           | 0                      | 0                      | 3                      | 0.00                   | 0.00           | 26.83          | 112.11 | 6.73         | 20.34             | 13                | 1                 | 3                    | 3                 | 3.05              | 0                 | 0                 | 4     | -2.47 | 22        | 19    | 8   | 1   | 2   | 1       | 31.15    | 12.63 | 5      | 22.2  |
|                  | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00           | 1,752.39  | 9.19%    | 161.09          | 2                      | 5                      | 11                     | 29.31                  | 80.99          | 161.09         | 116.83 | 7.01         | 27.71             | 87                | 3                 | 16                   | 28                | 3.56              | 8                 | 18                | 43    | -4.40 | 203       | 119   | 43  | 17  | 10  | 4       | 195.45   | 13.03 | 40     | 128.3 |
| 0921vs長          | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00           | 1,718.31  | 8.94%    | 153.56          | 3                      | 6                      | 7                      | 35.41                  | 120.71         | 153.56         | 114.55 | 6.87         | 27.21             | 85                | 4                 | 16                   | 30                | 3.26              | 8                 | 17                | 44    | -4.28 | 144       | 103   | 45  | 14  | 4   | 7       | 191.87   | 12.79 | 37     | 135.4 |
|                  | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00           | 1,753.09  | 9.71%    | 170.14          | 0                      | 8                      | 12                     | 0.00                   | 106.10         | 170.14         | 116.87 | 7.01         | 25.21             | 81                | 4                 | 10                   | 35                | 3.69              | 8                 | 19                | 43    | -4.93 | 142       | 87    | 38  | 19  | 4   | 8       | 202.63   | 13.51 | 37     | 139.3 |
|                  | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10           | 379.72    | 10.66%   | 40.49           | 0                      | 2                      | 3                      | 0.00                   | 18.99          | 40.49          | 119.91 | 7.20         | 24.09             | 14                | 1                 | 4                    | 7                 | 3.20              | 2                 | 6                 | 13    | -3.28 | 41        | 21    | 6   | 5   | 0   | 0       | 50.81    | 16.05 | 13     | 30.3  |
|                  | 合計 (hh:mm:ss)       |                     |                    |           | 01:35:38 |                 |                        |                        |                        |                        |                |                |        |              |                   |                   |                   |                      |                   |                   |                   |                   |       |       |           |       |     |     |     |         |          |       |        |       |

|         | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング<br>グ<br>サード | ミヤル<br>サード | アタッキング<br>サード |
|---------|-------------------------------------------|------------|-----------------------|------------|---------------|
| 江入 亮介   |                                           |            |                       |            |               |
| 0921vs長 | 2025/09/21 14:40:32 - 2025/09/21 14:55:31 |            | 56.41%                | 40.67%     | 2.93%         |
|         | 2025/09/21 14:55:32 - 2025/09/21 15:10:31 |            | 60.07%                | 39.93%     | 0.00%         |
|         | 2025/09/21 15:10:32 - 2025/09/21 15:25:31 |            | 47.42%                | 52.58%     | 0.00%         |
|         | 2025/09/21 15:25:32 - 2025/09/21 15:27:59 |            | 49.77%                | 50.23%     | 0.00%         |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 80.42%                | 19.58%     | 0.00%         |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            | 44.99%                | 54.02%     | 0.99%         |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 64.92%                | 35.08%     | 0.00%         |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 57.72%                | 42.28%     | 0.00%         |



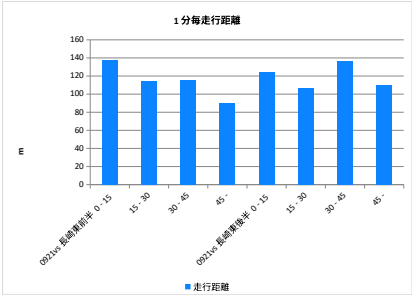
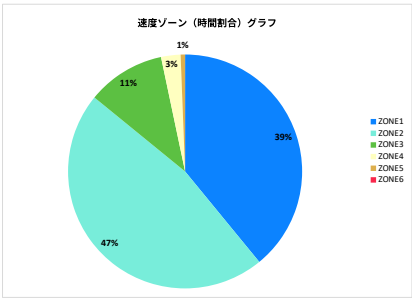
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計        |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|-----------|
| 5.4km/h/-           | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h/-          |           |
| 183.30              | 00:03:24            | 1,228.04            | 00:08:47            | 529.93              | 00:02:08            | 163.88    |
| 328.49              | 00:06:49            | 829.56              | 00:06:11            | 389.53              | 00:01:34            | 123.43    |
| 331.23              | 00:05:56            | 982.55              | 00:07:18            | 314.06              | 00:01:15            | 164.80    |
| 65.88               | 00:01:12            | 106.18              | 00:00:51            | 77.82               | 00:00:18            | 25.83     |
| 251.38              | 00:06:14            | 910.05              | 00:06:33            | 425.71              | 00:01:44            | 126.38    |
| 298.30              | 00:06:11            | 909.60              | 00:06:58            | 347.47              | 00:01:23            | 105.03    |
| 369.82              | 00:06:35            | 829.45              | 00:06:23            | 378.72              | 00:01:30            | 160.67    |
| 100.70              | 00:01:34            | 149.30              | 00:01:07            | 86.36               | 00:00:20            | 39.47     |
| 1,529.09            | 00:37:58            | 5,944.73            | 00:44:11            | 2,549.60            | 00:10:15            | 910.49    |
|                     |                     |                     |                     |                     |                     | 228.30    |
|                     |                     |                     |                     |                     |                     | 00:00:32  |
|                     |                     |                     |                     |                     |                     | 0.00      |
|                     |                     |                     |                     |                     |                     | 00:00:00  |
|                     |                     |                     |                     |                     |                     | 11,562.20 |



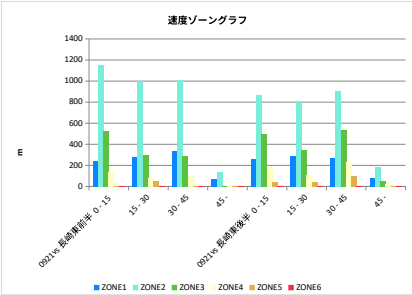
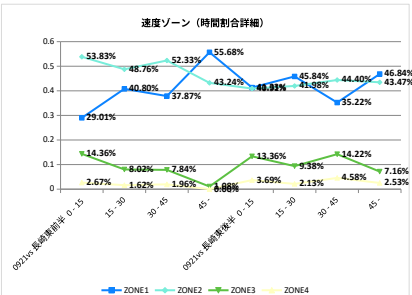
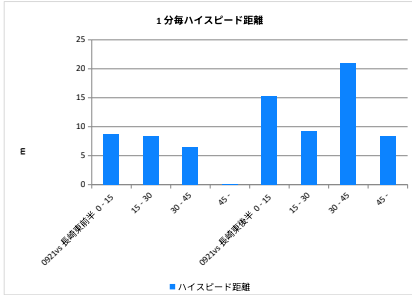
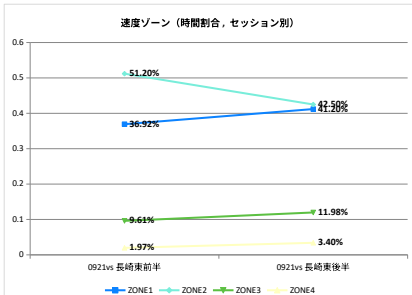


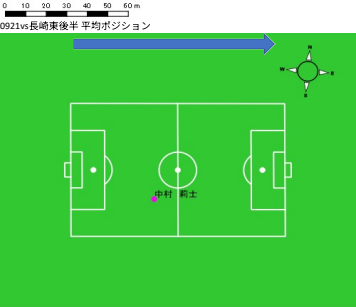
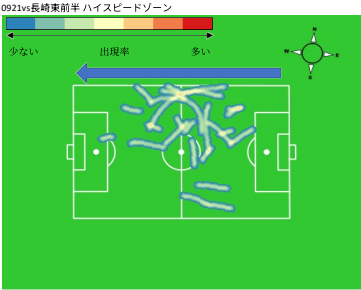
| 中村士     | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間 (hh:mm:ss) | 走行距離(m)   | %HIR     | ハイスピード距離(m) | スプリント回数 (24.0km/h) | スプリント回数 (20.0km/h) | スプリント回数 (18.0km/h) | スプリント回数 (24.0km/h) | スプリント回数 (18.0km/h) | 1分毎走行距離 (m) | 平均速度 (km/h) | 今回最高速度 (km/h) | 高強度エフォート | 加速回数 (3.0m/s <sup>2</sup> ) | 加速回数 (2.5m/s <sup>2</sup> ) | 加速回数 (2.0m/s <sup>2</sup> ) | 加速度max (m/s <sup>2</sup> ) | 減速回数 (3.0m/s <sup>2</sup> ) | 減速回数 (2.5m/s <sup>2</sup> ) | 減速回数 (2.0m/s <sup>2</sup> ) | 減速度max (m/s <sup>2</sup> ) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G- | HMLD(m) | HML/min  | HMLC  | 消費カロリー (kcal) |       |
|---------|---------------------|---------------------|-----------------|-----------|----------|-------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------------|-------------|---------------|----------|-----------------------------|-----------------------------|-----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|----------------------------|-------|-------|-------|-------|-------|-----|---------|----------|-------|---------------|-------|
| 全体      | 2025/09/21 14:40:32 | 2025/09/21 16:30:59 | 01:50:27        | 11,593.03 | 9.19%    | 1,065.76    | 9                  | 33                 | 56                 | 179.30             | 637.73             | 1,065.76    | 121.22      | 7.27          | 27.07    | 1,495                       | 23                          | 60                          | 183                        | 3.80                        | 42                          | 103                         | 216                        | -5.44 | 1,002 | 906   | 724   | 347   | 179 | 171     | 1,278.75 | 13.37 | 224           | 848.2 |
| 0921vs長 | 2025/09/21 14:40:32 | 2025/09/21 14:55:32 | 00:15:00        | 2,066.45  | 6.37%    | 131.65      | 0                  | 3                  | 8                  | 0.00               | 61.81              | 130.49      | 137.76      | 8.27          | 25.21    | 309                         | 4                           | 13                          | 31                         | 3.78                        | 5                           | 12                          | 32                         | -5.44 | 205   | 191   | 153   | 85    | 34  | 28      | 165.32   | 11.02 | 36            | 138.8 |
|         | 2025/09/21 14:55:32 | 2025/09/21 15:10:32 | 00:15:00        | 1,712.65  | 7.34%    | 125.78      | 3                  | 3                  | 5                  | 39.40              | 89.58              | 128.06      | 114.18      | 6.85          | 26.51    | 209                         | 2                           | 10                          | 26                         | 3.80                        | 3                           | 10                          | 24                         | -3.52 | 167   | 142   | 107   | 44    | 23  | 27      | 153.28   | 10.22 | 24            | 128.3 |
|         | 2025/09/21 15:10:32 | 2025/09/21 15:25:32 | 00:15:00        | 1,738.42  | 5.62%    | 97.66       | 0                  | 4                  | 9                  | 0.00               | 36.75              | 97.66       | 115.89      | 6.95          | 23.00    | 188                         | 1                           | 8                           | 23                         | 3.22                        | 8                           | 14                          | 35                         | -3.41 | 133   | 114   | 92    | 38    | 26  | 23      | 117.07   | 7.80  | 29            | 123.7 |
|         | 2025/09/21 15:25:32 | 2025/09/21 15:28:00 | 00:02:28        | 221.19    | 0.00%    | 0.00        | 0                  | 0                  | 0                  | 0.00               | 0.00               | 89.67       | 5.39        | 13.51         | 11       | 0                           | 0                           | 0                           | 1.84                       | 0                           | 0                           | 1                           | -2.16                      | 11    | 14    | 9     | 2     | 0     | 0   | 0.00    | 0.00     | 0     | 18.8          |       |
|         | 2025/09/21 15:28:00 | 2025/09/21 15:57:49 | 00:15:00        | 1,857.89  | 12.39%   | 230.27      | 2                  | 6                  | 11                 | 35.81              | 118.05             | 230.27      | 123.86      | 7.43          | 27.06    | 284                         | 4                           | 7                           | 28                         | 3.76                        | 10                          | 24                          | 39                         | -4.86 | 173   | 148   | 140   | 61    | 38  | 29      | 266.42   | 17.76 | 39            | 138.8 |
| 0921vs長 | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00        | 1,599.82  | 8.59%    | 137.47      | 1                  | 4                  | 6                  | 36.78              | 91.56              | 137.47      | 106.65      | 6.40          | 26.36    | 181                         | 6                           | 8                           | 24                         | 3.74                        | 2                           | 11                          | 31                         | -4.08 | 112   | 103   | 81    | 50    | 23  | 18      | 169.43   | 11.30 | 31            | 129.6 |
|         | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00        | 2,047.13  | 15.41%   | 315.54      | 3                  | 10                 | 15                 | 67.31              | 223.29             | 315.54      | 136.48      | 8.19          | 27.07    | 281                         | 6                           | 13                          | 46                         | 3.45                        | 14                          | 30                          | 48                         | -3.92 | 174   | 170   | 128   | 62    | 27  | 41      | 376.81   | 25.12 | 59            | 143.4 |
|         | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10        | 346.96    | 7.57%    | 26.26       | 0                  | 2                  | 2                  | 0.00               | 16.69              | 26.26       | 109.57      | 6.58          | 22.15    | 32                          | 0                           | 1                           | 5                          | 2.93                        | 0                           | 2                           | 6                          | -2.63 | 27    | 24    | 14    | 5     | 8   | 5       | 30.42    | 9.60  | 6             | 26.9  |
|         | 合計 (hh:mm:ss)       |                     |                 |           | 01:35:38 |             |                    |                    |                    |                    |                    |             |             |               |          |                             |                             |                             |                            |                             |                             |                             |                            |       |       |       |       |       |     |         |          |       |               |       |
|         | ディフェンディング           |                     |                 |           | グ        | サード         | ミヤル                | サード                | アタッキング             | サード                |                    |             |             |               |          |                             |                             |                             |                            |                             |                             |                             |                            |       |       |       |       |       |     |         |          |       |               |       |

| 中村 町士   | 計測開始 (JST)          |                     | 計測終了 (JST)          |                     | タイムトライアル<br>サード     |                     | ミッド<br>サード          |                     | フィニッシング<br>サード      |                     |                     |
|---------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|         | 開始時刻                | 終了時刻                | 開始時刻                | 終了時刻                | 開始時刻                | 終了時刻                | 開始時刻                | 終了時刻                | 開始時刻                | 終了時刻                |                     |
| 0921vs長 | 2025/09/21 14:40:32 | 2025/09/21 14:55:31 | 2025/09/21 14:55:32 | 2025/09/21 15:10:31 | 2025/09/21 15:10:32 | 2025/09/21 15:25:31 | 2025/09/21 15:25:32 | 2025/09/21 15:40:31 | 2025/09/21 15:40:32 | 2025/09/21 15:40:33 | 2025/09/21 15:55:32 |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |
| 0921vs長 | 2025/09/21 15:25:32 | 2025/09/21 15:27:59 | 2025/09/21 15:28:00 | 2025/09/21 15:43:00 | 2025/09/21 15:43:01 | 2025/09/21 15:58:00 | 2025/09/21 16:13:00 | 2025/09/21 16:13:01 | 2025/09/21 16:28:00 | 2025/09/21 16:28:01 | 2025/09/21 16:43:00 |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |
|         |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |                     |



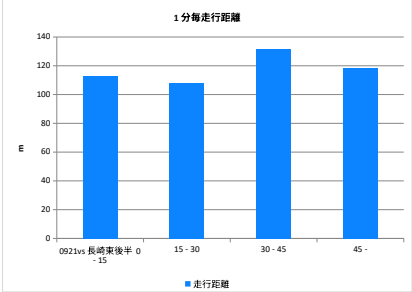
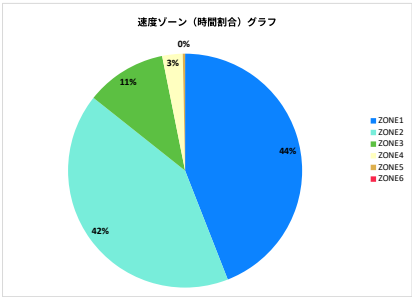
| ZONE1 (m, h:mm:ss) | ZONE2 (m, h:mm:ss) | ZONE3 (m, h:mm:ss) | ZONE4 (m, h:mm:ss) | ZONE5 (m, h:mm:ss) | ZONE6 (m, h:mm:ss) | 合計     |
|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------|
| 5.4km/h            | 5.4km/h-12.6km/h   | 12.6km/h-18.0km/h  | 18.0km/h-23.4km/h  | 23.4km/h-28.8km/h  | 28.8km/h-          |        |
| 243.86             | 00:04:21           | 1,154.72           | 00:08:04           | 524.71             | 00:02:09           | 135.03 |
| 282.54             | 00:06:07           | 1,000.52           | 00:07:18           | 297.52             | 00:01:12           | 83.29  |
| 339.25             | 00:05:40           | 1,014.35           | 00:07:51           | 286.59             | 00:01:10           | 98.55  |
| 74.87              | 00:01:22           | 140.75             | 00:01:04           | 5.91               | 00:00:01           | 0.00   |
| 261.13             | 00:06:12           | 868.15             | 00:06:08           | 496.34             | 00:02:00           | 187.16 |
| 288.80             | 00:06:52           | 811.90             | 00:06:17           | 349.25             | 00:01:24           | 107.77 |
| 270.74             | 00:05:17           | 908.92             | 00:06:39           | 535.19             | 00:02:08           | 233.30 |
| 82.30              | 00:01:29           | 182.22             | 00:01:22           | 55.50              | 00:00:13           | 27.28  |
| 1,843.49           | 00:37:22           | 6,081.52           | 00:44:46           | 2,551.00           | 00:10:19           | 872.37 |
|                    |                    |                    |                    |                    |                    | 244.65 |



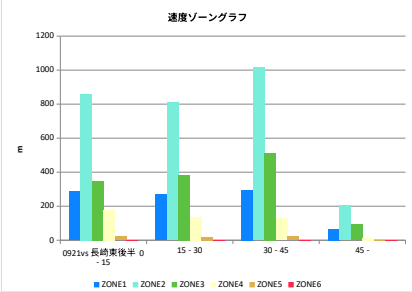
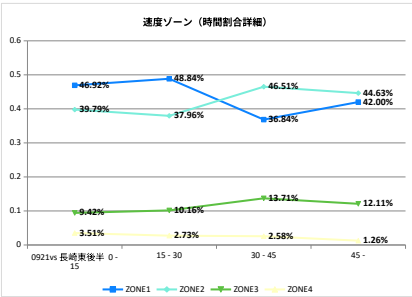
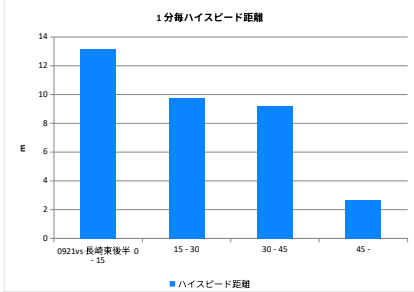
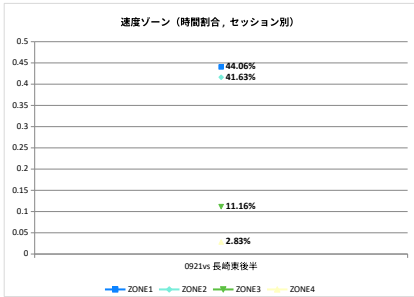


| 件名       | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %SHIR  | ハイスピード<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | スプリント<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | 1分毎走行距離<br>(m) | 平均速度 (km/h) | 今回最高速度<br>(km/h) | 高強度<br>エフォート | 加減回数<br>(3.0m/s <sup>2</sup> ) | 加減回数<br>(2.5m/s <sup>2</sup> ) | 加減回数<br>(2.0m/s <sup>2</sup> ) | 加減回数max<br>(m/s <sup>2</sup> ) | 減速回数<br>(3.0m/s <sup>2</sup> ) | 減速回数<br>(2.5m/s <sup>2</sup> ) | 減速回数<br>(2.0m/s <sup>2</sup> ) | 減速回数max<br>(m/s <sup>2</sup> ) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G-    | HMLD(m) | HML/min | HMLC  | 消費カロリー<br>(kcal) |  |
|----------|---------------------|---------------------|--------------------|----------|--------|-----------------|------------------------|------------------------|------------------------|----------------|------------------------|------------------------|------------------------|----------------|-------------|------------------|--------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-------|-------|-------|-------|-------|--------|---------|---------|-------|------------------|--|
| 全体<br>詳細 | 2025/09/21 15:42:49 | 2025/09/21 16:30:59 | 00:48:10           | 5,660.81 | 8.66%  | 490.39          | 4                      | 17                     | 31                     | 33.56          | 229.11                 | 490.39                 | 117.53                 | 7.05           | 26.07       | 751              | 16           | 65                             | 184                            | 3.81                           | 41                             | 73                             | 189                            | -4.89                          | 666                            | 563   | 343   | 159   | 90    | 98    | 628.98 | 13.06   | 177     | 399.0 |                  |  |
| 0921vs長  | 2025/09/21 15:42:49 | 2025/09/21 15:57:49 | 00:15:00           | 1,692.44 | 11.68% | 197.68          | 1                      | 6                      | 12                     | 6.81           | 88.26                  | 197.68                 | 112.83                 | 6.77           | 24.56       | 228              | 4            | 17                             | 50                             | 3.48                           | 12                             | 19                             | 46                             | -4.13                          | 201                            | 153   | 106   | 49    | 26    | 30    | 229.04 | 15.27   | 44      | 123.5 |                  |  |
|          | 2025/09/21 15:57:49 | 2025/09/21 16:12:49 | 00:15:00           | 1,617.52 | 9.04%  | 146.17          | 1                      | 6                      | 8                      | 8.42           | 72.73                  | 146.17                 | 107.83                 | 6.47           | 25.55       | 215              | 3            | 21                             | 58                             | 3.14                           | 13                             | 23                             | 54                             | -4.43                          | 183                            | 165   | 91    | 43    | 30    | 34    | 192.04 | 12.80   | 58      | 114.8 |                  |  |
|          | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00           | 1,973.85 | 6.99%  | 138.03          | 2                      | 5                      | 10                     | 18.33          | 68.11                  | 138.03                 | 131.59                 | 7.90           | 26.07       | 268              | 9            | 21                             | 65                             | 3.81                           | 15                             | 28                             | 80                             | -4.89                          | 227                            | 197   | 124   | 60    | 29    | 29    | 191.67 | 12.78   | 63      | 134.2 |                  |  |
|          | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10           | 375.86   | 2.26%  | 8.51            | 0                      | 0                      | 1                      | 0.00           | 0.00                   | 8.51                   | 118.69                 | 7.13           | 19.25       | 40               | 0            | 6                              | 11                             | 2.84                           | 1                              | 3                              | 9                              | -3.25                          | 55                             | 48    | 22    | 7     | 5     | 5     | 16.23  | 5.12    | 12      | 26.6  |                  |  |
|          |                     |                     |                    |          |        |                 |                        |                        |                        |                |                        |                        |                        |                |             |                  |              |                                |                                |                                |                                |                                |                                |                                |                                |       |       |       |       |       |        |         |         |       |                  |  |

|         | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング | ミヤル    | アタッキング |
|---------|-------------------------------------------|------------|-----------|--------|--------|
| 林田 一    |                                           |            | サード       | サード    | サード    |
| 0921vs長 | 2025/09/21 15:42:49 - 2025/09/21 15:57:48 |            | 11.53%    | 73.53% | 14.93% |
|         | 2025/09/21 15:57:49 - 2025/09/21 16:12:48 |            | 3.84%     | 72.50% | 23.66% |
|         | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 10.90%    | 69.35% | 19.75% |
|         | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 26.99%    | 45.40% | 27.62% |



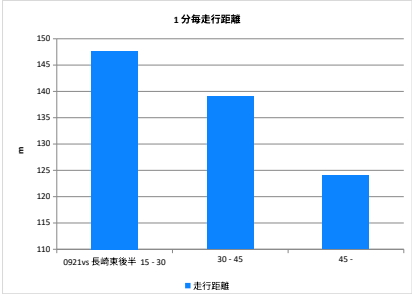
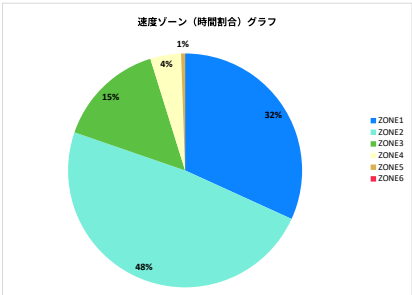
| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計       |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|----------|
| -5.4km/h            | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h            |          |
| 285.01              | 00:07:02            | 860.78              | 00:05:58            | 348.19              | 00:01:24            | 1,692.44 |
| 269.49              | 00:07:19            | 809.74              | 00:05:41            | 382.66              | 00:01:31            | 1,617.88 |
| 295.22              | 00:05:31            | 1,015.90            | 00:06:58            | 512.19              | 00:02:03            | 1,973.95 |
| 65.86               | 00:01:19            | 205.49              | 00:01:24            | 92.64               | 00:00:23            | 376.54   |
| 915.57              | 00:21:13            | 2,891.90            | 00:20:03            | 1,335.68            | 00:05:22            | 5,660.81 |





| 山 曜         | 計測開始 (JST)          | 計測終了 (JST)          | 計測時間<br>(hh:mm:ss) | 走行距離(m)  | %HR    | ハイスピード<br>距離(m) | スプリント回数<br>(24.00km/h) | スプリント回数<br>(20.00km/h) | スプリント回数<br>(18.00km/h) | スプリント<br>距離(m) | スプリント<br>距離(m) | スプリント<br>距離(m) | 1分毎走行距離<br>距離(m) | 平均速度 (km/h) | 今回最高<br>速度 (km/h) | 高強度<br>エフォート | 加速回数<br>(3.0m/s <sup>2</sup> ) | 加速回数<br>(2.5m/s <sup>2</sup> ) | 加速回数<br>(2.0m/s <sup>2</sup> ) | 加速速度max<br>(m/s <sup>2</sup> ) | 減速回数<br>(3.0m/s <sup>2</sup> ) | 減速回数<br>(2.5m/s <sup>2</sup> ) | 減速回数<br>(2.0m/s <sup>2</sup> ) | 減速速度max<br>(m/s <sup>2</sup> ) | 3G-4G | 4G-5G | 5G-6G | 6G-7G | 7G-8G | 8G- | HMLD(m) | HML/min | HMLC | 消費カロリー<br>(消費) |
|-------------|---------------------|---------------------|--------------------|----------|--------|-----------------|------------------------|------------------------|------------------------|----------------|----------------|----------------|------------------|-------------|-------------------|--------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|-------|-------|-------|-------|-------|-----|---------|---------|------|----------------|
| 全体<br>詳細    | 2025/09/21 16:10:17 | 2025/09/21 16:30:59 | 00:20:42           | 2,853.10 | 11.53% | 329.01          | 3                      | 9                      | 21                     | 26.41          | 132.43         | 329.01         | 137.83           | 8.27        | 25.45             | 466          | 5                              | 18                             | 55                             | 3.60                           | 10                             | 38                             | 84                             | -4.01                          | 288   | 304   | 194   | 126   | 68    | 60  | 388.39  | 18.76   | 75   | 189.9          |
| 0921vs長崎東後半 | 2025/09/21 16:10:17 | 2025/09/21 16:12:49 | 00:02:32           | 374.24   | 12.93% | 48.40           | 0                      | 1                      | 4                      | 0.00           | 9.67           | 48.40          | 147.73           | 8.87        | 22.31             | 50           | 2                              | 5                              | 13                             | 3.51                           | 0                              | 5                              | 14                             | -2.80                          | 43    | 31    | 20    | 11    | 10    | 7   | 60.49   | 23.88   | 15   | 25.1           |
|             | 2025/09/21 16:12:49 | 2025/09/21 16:27:49 | 00:15:00           | 2,085.63 | 11.60% | 242.00          | 3                      | 8                      | 14                     | 26.41          | 122.76         | 242.00         | 139.04           | 8.34        | 25.45             | 342          | 3                              | 12                             | 38                             | 3.60                           | 9                              | 29                             | 61                             | -4.01                          | 202   | 241   | 146   | 92    | 46    | 43  | 283.14  | 18.88   | 49   | 138.2          |
|             | 2025/09/21 16:27:49 | 2025/09/21 16:30:59 | 00:03:10           | 392.71   | 9.83%  | 38.62           | 0                      | 0                      | 3                      | 0.00           | 0.00           | 38.62          | 124.01           | 7.45        | 19.32             | 74           | 0                              | 1                              | 4                              | 2.59                           | 1                              | 4                              | 9                              | -3.32                          | 43    | 32    | 28    | 23    | 12    | 10  | 44.75   | 14.13   | 11   | 26.6           |
|             |                     |                     |                    |          |        |                 |                        |                        |                        |                |                |                |                  |             |                   |              |                                |                                |                                |                                |                                |                                |                                |                                |       |       |       |       |       |     |         |         |      |                |

|             | 計測開始 (JST)                                | 計測終了 (JST) | ディフェンディング | ミサル    | アタッキング |
|-------------|-------------------------------------------|------------|-----------|--------|--------|
| 山口愛         |                                           |            | グ         | サード    | サード    |
| 0921vs長崎東後半 | 2025/09/21 16:10:17 - 2025/09/21 16:12:48 |            | 60.13%    | 39.87% | 0.00%  |
| 0921vs長崎東後半 | 2025/09/21 16:12:49 - 2025/09/21 16:27:48 |            | 69.72%    | 30.28% | 0.00%  |
| 0921vs長崎東後半 | 2025/09/21 16:27:49 - 2025/09/21 16:30:58 |            | 66.85%    | 33.15% | 0.00%  |



| ZONE1 (m, hh:mm:ss) | ZONE2 (m, hh:mm:ss) | ZONE3 (m, hh:mm:ss) | ZONE4 (m, hh:mm:ss) | ZONE5 (m, hh:mm:ss) | ZONE6 (m, hh:mm:ss) | 合計       |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|----------|
| 5.4km/h             | 5.4km/h-12.6km/h    | 12.6km/h-18.0km/h   | 18.0km/h-23.4km/h   | 23.4km/h-28.8km/h   | 28.8km/h            |          |
| 31.60 00:00:44      | 183.15 00:01:11     | 107.09 00:00:26     | 52.40 00:00:09      | 0.00 00:00:00       | 0.00 00:00:00       | 374.24   |
| 180.91 00:04:39     | 1,108.89 00:07:23   | 550.83 00:02:14     | 198.95 00:00:35     | 46.17 00:00:06      | 0.00 00:00:00       | 2,085.76 |
| 46.68 00:01:11      | 208.50 00:01:27     | 97.52 00:00:23      | 40.40 00:00:07      | 0.00 00:00:00       | 0.00 00:00:00       | 393.10   |
| 259.19 00:06:35     | 1,500.55 00:10:02   | 755.44 00:03:05     | 291.75 00:00:52     | 46.17 00:00:06      | 0.00 00:00:00       | 2,853.10 |

